

#### TOWNSHIP OFFICIALS

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TRUSTEE Jeffrey S. Mytych

> TRUSTEE Nimish Jani

TRUSTEE Charlotte Kegarise

ASSESSOR John Lawson, CIAO

HIGHWAY COMMISSIONER Scott M. Kegarise

#### DISABILITY SERVICES DEPARTMENT

DIRECTOR OF DISABILITY SERVICES Becky Cordes

ASSISTANT DIRECTOR OF DISABILITY SERVICES Lauren Ewan

DEAF SERVICES COORDINATOR Sarita Phadke

BENEFIT SPECIALIST Ami-Nell Scurry

BENEFIT SPECIALIST Sharon DeMarchi-Belter

#### 847-285-4541 DIRECT NUMBER

847-884-0030 MAIN PHONE

224-520-9763 VIDEOPHONE

# SCHAUMBURG TOWNSHIP DISABILITY SERVICES ABLEGRAM

January—February 2021



Happy New Year from all of us at The Township of Schaumburg!

# **February Events**

Valentine's Card Decorating: Join instructor Kristi for a fun card decorating class in February. See page 3 for more details.

**Morkes Chocolates Tasting:** Join Rhonda from Morkes Chocolates to learn all about the different types of chocolate, and get a bag of chocolates for yourself too. More details to come in the Disability Services eNewsletter.



#### Call For Art

We are inviting artistic individuals to submit their artwork to be displayed in the Disability Services and Senior Services waiting room. See back page for more details.

# Department News and Programs

#### Township of Schaumburg Committee for People with Disabilities (CFPD) Openings

The Committee for People with Disabilities (CFPD) currently has two membership vacancies. Interested applicants must reside in Schaumburg Township, pass a background check, and provide a resume. Committee members should be a person with a disability; a primary caregiver or guardian of a person with a disability; or a person with advance skill, knowledge, or experience serving people with disabilities.

The Township Board approves members to the Committee. The CFPD accepts applications year-round. Please contact Becky Cordes, Director of Disability Services, at 847-884-0030 or bcordes@schaumburgtownship.org for more information or to request an application.

The CFPD is a nine-member volunteer group that serves as an advisory council to Disability Services and the Township of Schaumburg Board of Trustees.

#### The Committee seeks to:

- Promote and advocate for an inclusive and optimal quality of life for residents with disabilities.
- Support services and programs available to persons with disabilities.
- Assist in the development goals, objectives, and policies for Disability Services.
- Provide outreach to community about services and opportunities.
- Make recommendations for annual grant funding to agencies who serve persons with disabilities and their care partners.

# PROGRAM

Want to join one of our programs but don't know how? Call us at 847-285-4541 and we can walk you through the steps!

We are always adding new virtual programs and we'd love to hear your ideas for topics! Give us a call to share them!

#### **Community Health Nurse Services**

Weekly Health Topic: Northwest Community Healthcare nurse Janet Stachula, RN offers free virtual programming Thursdays at 1pm on various related health topics via Zoom.



Jan 7—Hospice vs. Palliative Care

Jan 14— Joint Replacement Surgery Jan 21 —Healthy Cooking Class

Jan 28 — Chronic Pain



Feb 4 — Vision Problems

Feb 11 —Food Safety

Feb 18 —Fungal Diseases (Toe Nails)

Feb 25 — Healthy Relationships

#### **Disability Services** eNewsletter!

The Disability Services department will be

launching their eNewsletter in the month of January with all the latest information about programs, services, and more! To keep up to date with the latest happenings, make sure to subscribe to our eNewsletter at www.schaumburgtownship.org. Scroll to the bottom right of the main page until you see "subscribe to our mailing list". Enter your email address, name, and click on the Disability Services box.

To join, call Nurse Janet at 847-285-4551 to register and obtain the password.

Nursing Services: Nurse Janet is available every Tuesday, Wednesday, and Thursday to provide the following services:

- A1C (\$12 fee)
- **Blood Pressure Checks**
- Memory Screenings
- **Bone Density Screenings**

Services are by appointment only.

Support Groups: Nurse Janet also facilitates the following support groups:

- Diabetes Support Group Every 2nd and 4th Wednesday at 10:30 AM
- Bridges to Memory Every 4th Wednesday at 2 PM

# Programs and Agency Highlights



#### **Caregiver Support Group**

The Alzheimer's Association and the Township of Schaumburg are resuming the Caregiver Support Group. The Caregiver Support Group is a safe supportive place for caregivers, family and friends of persons with dementia. Each session will include practical advice and support from others facing similar situations. The group will meet every third Monday from 11am-12:30pm via Zoom. To register contact Becky at 847-285-4541 or at bcordes@schaumburgtownship.org.

#### Valentine Card Decoration

Join Instructor Kristi for a virtual card decorating class on Feb. 10th at 3pm. She will walk us through how to create and decorate beautiful cards for your friends, loved ones, or just for yourself.

Registration is required by Feb. 3rd at 847-285-4541.



## **Agency Highlights**

The Township does not endorse or recommend any specific agency. These are available for your information only.



#### **AMITA Health**

Did you know AMITA Health's Autism Spectrum & Developmental Disorders Resource center has a myriad of services? They offer social learning groups, game nights, young children and family art activity groups, support groups, and much more. Call them today at 847-755-8536 to see what services they have available.

AMITA Health does accept Medicaid and can offer their services on a sliding scale.

#### **Rockin The Spectrum**

Rockin The Spectrum is an organization that provides respite care, in home care services, parent support groups, and sibling support groups. They can help with remote/homework assistance and can work along side your therapist to continue promoting life and social skills. For more information you can visit their website at rockinthespectrum.com or contact them at 224-538-9736.

Rockin The Spectrum can offer free respite care, give them a call to learn more!

#### **NWSRA: Sibshops**

Are you a sibling of a child with a disability aged 8-12 years old? Join NWSRA on Jan 22 from 4:30pm—5:15pm to meet other siblings to engage in peer support in a recreational setting. The Sibshops are virtual and in conjunction with Supporting Illinois Brothers and Sisters. For more information or to sign up go to nwsra.org/sibshops or call LJ Jevaney at 847 -392-2848 ext. 246.

#### Clearbrook

Clearbrook offers services for people of all ages with intellectual/developmental disabilities from home-based services to residential services and many programs and services in between. Clearbrook also helps with independent community employment by finding good matches within the community based on their interests and skills. To learn more about all of Clearbrook's services by visiting their website at clearbrook.org or by calling 847-870-7711.

# Virtual Holiday Party Recap

Thank you to everyone who made our Virtual Holiday Party a huge success! We passed out holiday gift bags to over 30 families and about 55 guests played bingo with Santa.



#### Special Thank You to Our Sponsors!

Without our sponsors, our holiday party would not have been as delightful as it was. We appreciate B & A Plumbing, the Schaumburg-Hoffman Estates Lions Club, and an anonymous donor for their generosity in making our Virtual Holiday Party a success.

A special thank you to both Trustee Kegarise for baking the delicious holiday cookies and to the Schaumburg-Hoffman Lions Club members who delivered the gift bags to all the participants registered.





# Social Services

#### **SNAP Program**

The Supplemental Nutrition Assistance Program (SNAP) provides monthly assistance toward your grocery bill that can be used at most area grocery stores to purchase fresh produce, dairy, canned goods, meat, and more. The amount of SNAP benefits depends on the household's monthly income, housing, and medical expenses. Benefits are automatically loaded on a Link card each month.

See income guidelines below for households with a person over the age of 60 or a person with a disability:

#### **Gross Monthly Income Guidelines**

1 person household \$2,127 2 person household \$2,873 3 person household \$3,620



#### **Benefit Access Program**

The Benefit Access Program provides a license plate discount and a Ride Free Transit Pass. To qualify the

applicant must be either age 16 and older with a permanent disability or be age 65 and older, must meet the following gross income guidelines from 2019:

#### **Gross Annual Income Guidelines**

1 person household \$33,562 2 person household \$44,533

To see if you qualify or to schedule an appointment, call 847-285-4541.

#### **Medicare and Medicaid Assistance**

Are you new to Medicare or have a Medicare question? Disability Services staff are trained Senior Health Insurance Program (SHIP) Counselors who are available to help explain benefits, troubleshoot issues, clarify information and more. Appointments are necessary and required due to the complicated nature of this service. Call us at 847-285-4541 for an appointment.

If you have full Medicare and Medicaid, you might be eligible for the Medicare Medicaid Alignment Initiative (MMAI) program, which includes other services such as meals, transportation and more.

SHIP is a free service to help those with Medicare or Medicaid and is sponsored by the Illinois Department on Aging.

#### **Schaumburg Township's Food Pantry**



The Township's food pantry renovation is almost complete! Starting January 4th the food pantry will be back in the lower level. The food pantry is by appointment only. To make an appointment call 847-884-0030 ext. 1013.

Food Pantry Hours:
Monday, Wednesday, Friday: 9:30 am—1:30 pm
Tuesday, Thursday: 12—4 pm

The new renovation will allow for increased distance, ease of shopping, and added efficiency of sorting/stocking donations. For more info or questions call 847-884-0030.

#### Schaumburg-Hoffman Lions Club Hearing Aid Assistance Program



The Lions of Illinois Foundation and the Schaumburg-Hoffman Lions Club can assist Township residents 18 years of age and older obtain reconditioned over-the-ear style hearing aids and

exams at a discounted price. Applicants will be screened for the program by appointment only. There is no income limit. For more information or to apply for the program, please contact Becky Cordes at 847-884-0030 ext. 2020 or

bcordes@schaumburgtownship.org.

#### Schaumburg-Hoffman Lions Club Eyeglasses Assistance Program



If you are in need of assistance obtaining eyeglasses, contact the Disability Services department to see if you are eligible! The Lions of

Illinois Foundation and the Schaumburg-Hoffman Lions Club can assist Township residents in obtaining an eye exam and eyeglasses who show financial hardship. Approved applicants must go to the Pearle Vision in Lake Zurich for the eye exam and eyeglasses—no exceptions. For more information please contact us at 847-285-4541

# More Services

#### **Care Trak Program**

Are you a resident of Schaumburg? The Schaumburg Police Department is participating in the Care Trak Program. This program provides a tracker to individuals who have been medically diagnosed with a condition such as Alzheimer's, autism, dementia or other developmental disabilities. The tracker will alert the Police Department and a Care Trak trained professional will help in locating the individual. To qualify the individual must have a medically diagnosed condition and the individual must have a history of wandering or be at risk for wandering. For more information call 847-882-3586.

#### **Habitat for Humanity**

Habitat for Humanity has two different programs that can help provide minor and major, interior and exterior, repair services.

A Brush with Kindness (ABWK): Is an exterior home preservation service that offers painting, landscaping and minor exterior repair services for low -income homeowners.

Critical Home Repair (CHR): Can assist homeowners who require assistance with health, safety, or code violation issues on the interior or exterior of their homes.

To qualify for either of these programs you have to own your home, have paid your property taxes, the value of the home is less than \$200,000, have homeowner's insurance and meet the following income guidelines:

#### **Annual Household Income**

1 person household \$37,740 2 person household \$42,780

To learn more about the programs or to apply visit www.habitatnfv.org or call 847-836-1432.



#### **ITAC Program**

The Illinois Telecommunications Access
Corporation's (ITAC) program offers free amplified telephones and two cell phone amplifiers for qualified Illinois residents with a certified hearing loss.
Disability Services is a selection center to test the phones. Due to COVID-19 we are not allowing walk -in services. To schedule an appointment call 847-285-4541. We apologize for the inconvenience. If you are unable to come in to test the phones, clients can still apply for the program and choose a phone. There are five phones and two cell phone amplifiers to choose from and every three years you are eligible for another piece of equipment. Contact Disability Services for more information.

#### **Township Transportation Available**



Transportation is available for people with permanent disabilities who are 18 years of age or older. Please call Transportation Dispatch at 847-882-1929 for more information, to schedule your ride, or to register. There is a \$1 fee per ride. For everyone's safety, we are limiting the amount of riders for appropriate social distancing. Face masks are required.

#### **Grocery Trips:**

Grocery trips are still available to Jewel, Aldi, and Mariano's on Tuesdays, Wednesdays, and Thursdays depending on where you live in the Township. Additionally, residents can go to Valli Produce on Tuesday mornings. For more information or to schedule your ride contact Transportation Dispatch at 847-882-1929.

\*Services are subject to change due to COVID-19

# Other News

#### **Secretary of State's Office Updates**

- Driver Services Facilities are closed for inperson transactions until Jan. 5, 2021
- Expiration dates for valid driver's licenses held by IL drivers who are 75 years of age or older have been extended for one year past the licenses' current 2020 expiration date.
- Expired Driver's Licenses and ID cards are extended until June 1, 2021
- Secretary of State has expanded online services, eligible driver's licenses and ID cards can renew online. You will receive a letter in the mail with a PIN necessary for online renewal. If your driver's license or ID card expired between Feb 1, 2020 and Jan 2021 you should have received a letter in either December or January. If the driver's license or ID card expires after Feb 1, 2021 you will receive a letter approximately 90 days before the expiration date.

(cyberdriveillinois.com, 12/17/2020)



#### **COVID-19 Vaccine**

A vaccine for COVID-19 has been created by Pfizer Inc. and BioNTech. The Food and Drug Administration issued emergency use authorization (EUA) for the



vaccine to individuals 16 years of age and older. The vaccine comes in two doses. For the vaccine to be most effective both doses must be administered. Illinois has received their first shipment of the vaccine from the federal government. These doses are to first be given to health care workers and long term care residents. As more of the vaccine is distributed other providers like doctors' offices, retail pharmacies, and hospitals will be able to administer the vaccine. Make sure to consult with your doctor for more information and to see if the vaccine is right for you.

(http://dph.illinois.gov/covid19/vaccine-faq, 12/17/2020; https://bit.ly/3gWmXRG, 12/17/2020)



#### **Medicare Price Increases**

Medicare has issued the following increases for 2021:

#### Medicare Part B:

- Part B Premium will increase from \$144.60 to \$148.50
- Part B Deductible will increase from \$198 to \$203

#### Medicare Part A:

- Inpatient Hospital Deductible will increase from \$1,408 to \$1,484
- Skilled Nursing Facility Coinsurance will increase from \$176.00 to \$185.50 (applicable after the first 20 days)

If you have further questions about Medicare do not hesitate to reach out to us at 847-285-4541.

(https://www.cms.gov/newsroom/fact-sheets/2021-medicare-parts-b-premiums-and-deductibles,12/17/2020)



### **PCs for People**

The State of Illinois, PCs for People, Cook County, and several community partners will be launching a statewide network to provide and

distribute refurbished computers to those in need. The program will provide a reconditioned or refurbished computer at a minimal price. To be eligible you must be below the 200% poverty level or be currently enrolled in an income-based government assistance program such as Medicaid, SSI, or LIHEAP.

Annual Income Guidelines:

1 person household \$25,520

2 person household \$34,480

3 person household \$43,440

PCs for People is also currently accepting donations for old laptops or computers.

For more information or to apply visit pcsforpeople.org.

(https://www2.illinois.gov/dceo/ConnectIllinois/Pages/PCsForPeople.aspx,12/17/2020; https://www.pcsforpeople.org/eligibility/, 12/17/2020)



Township of Schaumburg Disability Services Department 1 Illinois Boulevard Hoffman Estates, IL 60169

Phone: 847.884.0030

**Direct Number: 847-285-4541** 

Deaf Services Videophone: 224.520.9763

www.schaumburgtownship.org

@SchaumburgTownship

@SchaumburgTwp

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#### **Disability Services**

- Benefit Access Applications
- Food Assistance
- Information and Referrals
  - Employment, food pantries, home health, housing, etc.
- Medicaid
- Medicare/Senior Health Insurance Program (SHIP)
- Medicare Savings Program
- Prescription Drug Assistance
- Safelink Wireless Free Cell Phone
- Social Security
- Temporary Parking Placards for Persons with Disabilities
- Transportation
- Utility Assistance
  - LIHEAP, Weatherization, etc.
- And More!



Are you a person with a disability that loves to paint, sketch or take photos? We invite you to submit any two-dimensional type of art work (pencil, crayon, painting, photography or etc.) to the Township. Art will be displayed on a rotating basis in the Disability Services and Senior Services waiting area at the Township building. Artists will receive a certificate of appreciation and pieces selected will identify the artist, artwork title, and brief description. For more information or to submit your artwork contact Senior and Disability Services Director Becky Cordes at 847-884-0030 or bcordes@schaumburgtownship.org.

#### **Township Closings**

• February 15th — President's Day