



Mental Health Committee

Minutes

Tuesday, December 7, 2021 7:00pm

Boardroom

I. Call to Order/Roll Call

Jillian Bernas called the meeting to order at 7:00 pm.

Members Present: Jillian Bernas, MaryAnn Ogilvie, Mary Cloonan Walsh, Joanmarie Wermes, Jonathan Rubin (remote), and Gina Raza (remote)

Others Present: Trustee Matthew Steward - Board Trustees Liaison (remote), Katy Trent - Schaumburg Township staff liaison, Cathy Skura Associate Member

Absent: Stephanie Bertels

II. Welcome/Introduction of Visitors - Jillian welcomed Elizabeth Moe-Garcia from the Boys and Girls Club of Elgin and two members of the public Cecilia Brooks and Mamadou Camara.

III. Public Comments - Cecilia Brooks and Mamadou Camara were in attendance and this is their second visit to the Mental Health Committee. Jillian described the requirements for membership and next steps to be considered for membership. No questions or comments from the visitors. Elizabeth Moe-Garcia from the Boys and Girls Club of Elgin was in attendance to present her agency's request for funding to create a relaxation room at the Teen Center at the Barn of Schaumburg.

IV. Approval of Minutes from 11/2/2021- Joanmarie moved to approve the minutes from the November 2, 2021 meeting. MaryAnn seconded the motion. There were no amendments. Minutes were approved unanimously by roll call vote.

V. Announcements/Correspondence - None

VI. Old Business - None

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VII. New Business

Agency Representative Visit - Boys and Girls Club of Elgin - Elizabeth Moe-Garcia representative of the Boys and Girls Club of Elgin asked the Township for \$10,000 in funding. This is the first time they have applied for funding from the Township. Elizabeth shared a presentation that gave a brief overview of the agency. They provide after school activities, educational enrichment and mentorship for teens. In 2020, they were selected to oversee the Teen Center in Schaumburg. Currently, there are 145 teens enrolled with 8-15 coming every week. The funds requested will be used to create a relaxation room for the teens to have a quiet space where the activities will focus on social and emotional learning. The Teen Center is funded by the Village of Schaumburg. The funding requested is a one-time ask for the creation of a relaxation room, but Elizabeth indicated that they may make requests for different funding in the future. The Boys and Girls Club will consider recognition of the Township's funding to be included in the relaxation room.

A. Agency Funding Recommendations - Committee members discussed funding and agreed to recommend that the Township Board award the requested funding to each agency. Jillian motioned that the agencies be awarded the amounts requested and Jonathan seconded the motion. The motion was approved unanimously by roll call vote.

B. Mental Health First Aid Courses - Jillian contacted Amita about the courses and received a response from Khadijah Gowdy. He informed Jillian that all of the courses are now done virtually and that they are now scheduling courses for

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January-April. Each course has a capacity of 20 participants. The course will first be open to Township staff and then to the public. It was determined that Wednesday, March 30 from 10 a.m. - 3 p.m. would be a good day and time. Jillian will confirm next steps with Khadijah.

Upcoming Programming - February 24, 2022 from 7 - 8:30 p.m. Sergio and Suzie will present their experiences with their own mental health. MaryAnn will ask about recording the presentation and confirm that they are very open to a question and answer period. Registration will determine where the event takes place at the Township building. Katy is working with NAMI to coordinate marketing efforts. The target audience for the event is adults.

C. Minds Matter May 3, 2022 Committee Reports -

Facilities/Exhibitors - Jillian will send an email to previous exhibitors after the holidays in January.

Speakers/Sponsors - The committee is just starting to consider speakers and welcomes input. Jonathan suggested Dr. Rick Hanson.

Marketing - The flier from previous years can be edited with the updated information once speakers are confirmed.

VIII. Board and Liaison Reports and Review of Agency Bills

A. Board Liaison Report - Trustee Matthew Steward - Trustee Steward expressed his support of funding the agencies that requested funds through the Committee this cycle.

B. Mary Cloonan-Walsh - SHARE - No report

C. Jonathan Rubin - Northwest CASA - No report

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- D. Stephanie Bertels - Kenneth Young Center - No report
- E. Gina Raza - Life Span - No report
- F. MaryAnn Ogilvie - Villages - No report
- G. Jillian Bernas - Library - No report
- H. Stephanie Bertels - Schools - No report

II. Committee Member Comments - Jillian asked MaryAnn to lead the February 1 meeting. MaryAnn also agreed to lead the January 4 meeting in the event Jillian is unable to attend. Katy informed the committee that Melissa Williams joined the Township as the new administrator.

III. Next Meeting Date - Tuesday, January 4, 2022 at 7:00pm, Boardroom

IX. Adjournment - MaryAnn moved to adjourn the meeting. Jonathan seconded the motion. The motion was approved by roll call vote. The meeting was adjourned at 8:01 p.m.

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