

November and December 2020

Township of Schaumburg Senior Services

Holiday PARTY

December 17 | 10:30-1:30 pm | \$15

Join us at our annual holiday party at Chandler's Banquets on December 17, 2020! Doors open at 10:30, and lunch will be at 11:30. The party will include lunch, raffle prizes, a gift bag and great entertainment by Denise Armour.

Due to COVID-19 seating is very limited compared to years past. RSVP at 847-285-4541. In-person reservations are first come, first served. Payment is required at time of reservation.

Entertainment and raffle prizes will also be offered via Zoom for those unable to attend in-person. Zoom participation is free and will be capped at 100 participants. RSVP by December 1 to receive a complimentary gift bag. Gift bags cannot be guaranteed to those who RSVP after December 1. Please RSVP at 847-285-4541 to attend via Zoom.

**TOWNSHIP ELECTED
OFFICIALS**

SUPERVISOR

Timothy M. Heneghan

TRUSTEES

Diane Dunham

Jeffrey S. Mytych

Nimish Jani

Charlotte Kegaris

CLERK

W. Robert Vinnedge

ASSESSOR

John R. Lawson, CIAO

HIGHWAY COMMISSIONER

Scott M. Kegaris

SENIOR SERVICES STAFF

**DIRECTOR OF SENIOR
SERVICES**

Becky Cordes

**ASSISTANT DIRECTOR OF
SENIOR SERVICES**

Anna Newell

PROGRAM COORDINATOR

Caryn Remer

**BENEFIT SPECIALIST/
PROGRAM COORDINATOR**

Kim Kettel

BENEFIT SPECIALIST

Sharon DeMarchi-Belter

**INTAKE & REFERRAL COORDI-
NATOR**

Helen Bisioulis

**Look for the
Holiday Party
Registration Form
on Page 7!**

Virtual Program Information

Virtual Classes and Individual Sessions

- **Citizens Utility Board (CUB) 11/4**
Learn great tips on how to save energy and more!
- **Tour Historical Italy Mondays, Nov. 9, 16, 23, 30 & Dec. 7**
Join Historian Tiffany on more tours of beautiful, historic Italy.
- **History of the CSS Neuse and Tour 11/13**
The North Carolina Department of Natural & Cultural Resources will teach us the history and provide a tour of the CSS Neuse.
- **Art Expressions (\$7 material fee) 11/18**
Instructor Kristi leads us in creating an art project. No experience necessary.
- **POW Camps in North Carolina 11/20**
Come learn about POW camps in North Carolina from the North Carolina Department of Natural & Cultural Resources.
- **Morkes Chocolate Tasting Tour 11/25**
Join Rhonda to learn about different types of chocolate. Sign up early to get chocolates to participate in this tasting tour.
- **Remembering the Stars Series Wednesdays Nov. 2, 9, 16**
Let Steven Frenzel take you on a walk down memory lane as we remember entertainment superstars Johnny Carson, Bob Hope, and Audrey Hepburn.
- **Foodways 12/4**
Have you ever wondered where your food comes from? When you think of chicken, rice, and peaches you may think that they originated in the United States. Peaches actually came from Spain. Learn about food origin and interesting facts about them!
- **Spy Science of the American Revolution 12/11**
Discover the science of being a spy in the American Revolution. Presented by the North Carolina Museum of Natural Resources.
- **Grand Canyon National Park 12/14**
Let's go south for the winter and visit the Grand Canyon with Michael Albrecht from Virtual Video Shows.
- **Butterflies and Moths 12/18**
Learn the interesting differences about butterflies and moths. Moths and butterflies both belong to the order Lepidoptera, but there are numerous physical and behavioral differences between the two insect types. Did you know that moths are nocturnal?
- **Big Bend National Park 12/21**
They say everything is bigger in Texas. Let's see if they're right as we tour Big Bend National Park with Michael Albrecht from Virtual Video Shows.
- **Tour North Carolina Maritime Museum 12/23**
Ahoy sailor! Take a tour with the North Carolina Maritime Museum.
- **Druids, Celts & Romans 12/28**
Come learn the history of the dynamics between the Druids, Celts and Romans. Druids were priests who were respected and feared by the British during 58 to 49 BC. Druids were the only men powerful enough to organize opposition to Roman Rule throughout Celtic tribes. After the Roman conquest of Britain in 43 AD, the Druids were outlawed.



SENIOR SERVICES VIRTUAL PROGRAMMING EVERY MONDAY-FRIDAY

Engage your mind, body and spirit with our daily virtual programming schedule.

Sessions include:

- Bingo
- Tai Chi
- Trivia
- Coffee Klatch
- Benefit Info
- And More!



Join ONLINE

<https://zoom.us/j/4715872835>

Meeting ID: 471 587 2835



Dial by PHONE

1-312-626-6799

Meeting ID: 471 587 2835



Questions? Call (847) 285-4541

To better manage security of these events, please call (847) 285-4541 to register and get the event password.

For the current schedule and access to future events, check our website, sign up for the Senior eNewsletter or contact Senior Services at (847) 285-4541.

Due to the fluid nature of the COVID-19 pandemic, all events are subject to change.

Breakfast Social

In-Person Program

Join friends for a delicious breakfast and socialization. Separate checks will be issued for each person. Registration required.

Maxfields

700 E. Schaumburg Rd.
Schaumburg
Tuesday, Nov. 24
8—9 am



Egg Harbor Café

1310 American Ln.
Schaumburg
Tuesday, Dec. 29
8—9 am



Drop-In Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chair Yoga* 1—2 pm \$5 per class</p>	<p>Walking Group 8:45—9:45 am Meet at Volkening Lake (while weather cooperates)</p> <p>Tai Chi* 1—2 pm \$5 per class</p> <p>Senior Wills 2nd and 3rd Tuesday (appointments required)</p>	<p>Diabetes Support Group 10:30—11:30 am 2nd and 4th Wednesday</p> <p>Bridges to Memory* 2—3:30 pm 4th Wednesday</p>	<p>Walking Group 8:45—9:45 am Meet at Volkening Lake (while weather cooperates)</p> <p>Nurse Janet's Health Topic 1pm</p>	<p>Chair Yoga* 1—2 pm \$5 per class</p> <p>Movie Friday 12 pm 4th Friday \$2 donation See details below</p>
		<p>Sessions in BLUE will be available in-person. Please call to register and for more info.</p> <p>*These programs are available virtually; Any fees are waived while offered virtually.</p>		

Transportation Services 847-882-1929



Transportation Grocery Store Schedule

- **Monday and Friday: Walmart and Target**
12:30 pm Drop-off, 2:30 pm Pick-up
- **Tuesday: Valli**
10:30 am Drop-off, 12:00 pm Pick-up
- **Tuesday, Wednesday, Thursday: Jewel, Aldi, Mariano's**
9:15 am Drop-off, 10:30 am Pick-up

For everyone's safety, we are limiting the amount of riders for appropriate social distancing and face masks are required. Due to the fluid nature of COVID-19, services may change.

Monthly Movies

Movie starts at 12 pm and we request a \$2 donation. Registration required.
Please note we are limiting guests to practice social distancing and no popcorn or beverages will be served.

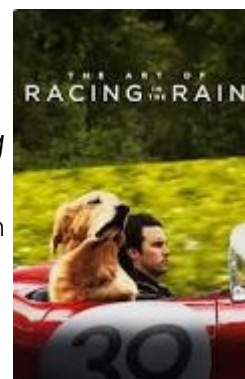
November 20

(Note date change due to Thanksgiving Holiday!)

The Art of Racing In The Rain


The story is told by golden retriever, Enzo about his bond with his owner, an aspiring Formula One race car driver Denny, who learns that the techniques needed on the racetrack can also be used to successfully navigate the journey of life.

Rated PG



There will be no movie in December due to the Holidays.

November 2020 Program Schedule

Mon	Tue	Wed	Thu	Fri
<p>2 10am Historical Italy</p> <p>1pm Chair Yoga</p>	<p>3 Election Day!</p>  <p>VOTE</p>	<p>4 10am Citizens Utility Board (CUB)</p> <p>1:30 p.m. Christmas Tea at Suzettes**</p>	<p>5 10am Bingo</p> <p>1pm Nurse Janet Health Topic: Diabetes**</p>	<p>6 10am Fun Chat</p> <p>1pm Chair Yoga</p>
<p>9 10am Historical Italy</p> <p>1pm Chair Yoga</p>	<p>10 10am Trivia</p> <p>10 a.m.—1:30 p.m. Memory Screenings by Arden Courts of Elk Grove**</p> <p>1pm Tai Chi</p>	<p>11 10 am Veterans Special</p> <p>10:30am Diabetes Support Group**</p>	<p>12 10am Bingo</p> <p>1pm Nurse Janet Health Topic: First Aid**</p>	<p>13 10am History of the CSS Neuse and Tour by NC Dept. of Natural & Cultural Resources</p> <p>1pm Chair Yoga</p>
<p>16 10am Historical Italy</p> <p>1pm Chair Yoga</p>	<p>17 10am Scattagories</p> <p>1pm Tai Chi</p>	<p>18 10am Art Expressions Class (\$7)</p>	<p>19 10am Bingo</p> <p>1pm Nurse Janet Health Topic: Autoimmune Diseases**</p>	<p>20 10am POW Camps in NC by NC Dept. of Natural & Cultural Resources</p> <p>1pm Chair Yoga</p>
<p>23 10am Historical Italy</p> <p>1pm Chair Yoga</p>	<p>24 8am Breakfast at Maxfields (p.2)**</p> <p>10am Trivia</p> <p>1pm Tai Chi</p>	<p>25 10am Morkes Chocolate Tasting Tour (reservations required to get chocolate!)</p> <p>10:30am Diabetes Support Group**</p> <p>Township Closes at Noon</p>	<p>26 Happy Thanksgiving!</p> <p>Township Closed</p> 	<p>27 Township Closed</p>
<p>30 10am Historical Italy</p> <p>1pm Chair Yoga</p>			<p>All programs will be held virtually unless otherwise indicated.</p> <p>* Bridges to Memory is a closed group and requires registration in advance.</p> <p>**These programs will be offered in-person. You MUST register in advance in case of changes or cancellations</p>	

December 2020 Program Schedule

Mon	Tue	Wed	Thu	Fri
	1 10am Scattogories 1pm Tai Chi	2 10am Remembering the Stars: Johnny Carson by Steven Frenzel	3 10am Bingo 1pm Nurse Janet Health Topic: Depression around the Holidays**	4 10am Foodways by NC Department of Natural & Cultural Resources 1pm Chair Yoga
7 10am Historical Italy 1pm Chair Yoga	8 10am Trivia 1pm Tai Chi	9 10am Remembering the Stars: Bob Hope by Steven Frenzel 10:30am Diabetes Support Group**	10 10am Bingo 1pm Nurse Janet Health Topic: Heart Health**	11 10am Spy Science of the American Revolution by NC Museum of Natural Resources 1pm Chair Yoga
14 10am Grand Canyon National Park by Michael Albrecht at Virtual Video Shows 1pm Chair Yoga	15 10am Scattogories 1pm Tai Chi	16 10am Remembering the Stars: Audrey Hepburn by Steven Frenzel	17 10:30am Senior Services Holiday Party** 1pm Nurse Janet Health Topic: Having a Heart of Gratitude**	18 10am Butterflies and Moths by NC Museum of Natural Sciences 1pm Chair Yoga
21 10am Big Bend National Park by Michael Albrecht at Virtual Video Shows 1pm Chair Yoga	22 10am Trivia 1pm Tai Chi	23 10am Tour NC Maritime Museum by NC Maritime Museum at Southport 10:30am Diabetes Support Group**	24 Christmas Eve 10am Bingo Township Closes at Noon	25 Christmas Day Township Closed 
28 10am Druids, Celts & Romans by Michael Albrecht at Virtual Video Shows 1pm Chair Yoga	29 8am Breakfast at Egg Harbor Cafe (p.2)** 10am Scattogories 1pm Tai Chi	30 10:30am Diabetes Support Group** 2pm Bridges to Memory*	31 New Year's Eve 10am Bingo Township Closes at Noon	Jan 1 New Year's Day Township Closed 

Social Services/Programs

Medicare Open Enrollment is Here!

Medicare Open Enrollment is available now through December 7. Township staff are trained Senior Health Insurance Program (SHIP) Counselors who are available to help explain benefits, troubleshoot issues, clarify information and more. If you want to compare Medicare Advantage Plans (Part C) or Medicare Drug Plans (Part D), call us to schedule an appointment.

Appointments are required and can be done over the phone, via Zoom, or in-person.

Staff can also screen for other assistance programs which may help reduce costs related to Medicare and prescription drugs. If you have full Medicare and Medicaid, you might be eligible for the Medicare Medicaid Alignment Initiative (MMAI) program, which includes other services such as meals, transportation and more. (SHIP) is a free service to help those with Medicare or Medicaid and is sponsored by the Illinois Department on Aging.

There is no fee to meet with staff.

Welcome the New Director of Senior Services!



Becky Cordes is our new Director of Senior and Disability Services. She has 20 years of experience working in the disability and aging fields and most recently completed her Master's in Social Work, with a focus in gerontology from Michigan State University. Please stop by her office in Disability Services to say hello!



Community Health Nurse Services

Northwest Community Healthcare (NCH) nurse, Janet Stachula, RN, is available at the Township every Tuesday, Wednesday and Thursday.

Services available include:

- A1C Testing (\$12 fee)
- Blood Pressure Checks
- Memory Screenings
- Bone Density Screenings

Services are available by appointment only.



Nurse Janet also facilitates these activities:

- Walking Group every Tuesday and Thursday 8:45 – 9:45 am at Volkening Lake while the weather cooperates
- Diabetes Support Group every second and fourth Wednesday of the month 10:30—11:30 am
- Free virtual programming Thursdays at 1 pm on health related topics.

Register at 847-285-4551 or jstachula@nch.org.

Schaumburg Township's Food Pantry

The Township's food pantry now offers afternoon appointments! **Appointments are required.** Please call 847-884-0030 ext. 1013 to schedule an appointment with Welfare Services.

Food Pantry Hours:

Monday, Wednesday, Friday:

9:30 am—1:30 pm

Tuesday, Thursday:

12—4 pm

****Enter through the main entrance of the building for your appointment. The north entrance is closed.****

The food pantry remains client choice and is currently in the gym. Clients are welcome to visit the pantry twice a month by appointment. For more information, questions or concerns, please contact Amy Fillmore at 847-884-0030 ext. 1010.

Social Services/Programs

Benefit Access Program

The Benefit Access Program provides a discount off the annual license plate registration fee and the Free Ride Transit Pass. To qualify, applicants must also be over the age of 65 or 16 and older with a permanent disability. Gross income from 2019 for a single household must be less than \$33,562; the limit for a two-person household is \$44,533. Applicants must reapply every two years for the program. To see if you qualify or to schedule an appointment, call 847-285-4541.

LIHEAP Available Now!

Senior Services is now accepting applications for The Low Income Home Energy Assistance Program (LIHEAP). Please call 847-285-4541 first for an appointment remotely or in-person. LIHEAP provides assistance toward Nicor Gas and/or ComEd accounts.

Gross Monthly Income Guidelines

- 1 person household \$2,127
- 2 person household \$2,873
- 3 person household \$3,620

SNAP Program

The State of Illinois recently announced new income limits for the Supplemental Nutrition Assistance Program (SNAP) benefits that provide monthly assistance toward your grocery bill that can be used at most area grocery stores to purchase things like fresh produce, dairy, canned goods, meat, and more. SNAP benefits depend on a household's monthly income, housing and medical expenses. Benefits are available on a Link card and are reloaded automatically each month.

Gross Monthly Income Guidelines:

1 person household	\$2,127
2 person household	\$2,873
3 person household	\$3,620



Please call 847-285-4541 to schedule an appointment with Senior Services staff to assist in filling out your SNAP application or for more information.

Holiday PARTY

December 17 | 10:30-1:30 pm

Name: _____

Phone: _____

In-person

Zoom

In-person | \$15

Due to COVID-19 seating is very limited compared to years past. RSVP at 847-884-0030 by December 1.

A waiting list will be created if the event fills. In-person reservations are first come, first served. Payment is required at time of reservation.

Zoom | Free

Entertainment and raffle prizes will also be offered via Zoom for those unable to attend in-person. Zoom participation is free and participants will be chosen via lottery.

Those interested in attending should RSVP at 847-884-0030 by December 1.

Registrants who are randomly selected will be notified by December 4 and will receive a complementary gift bag. A waiting list will be created if the event fills.



Township of Schaumburg
Department of Senior Services
 1 Illinois Boulevard
 Hoffman Estates, IL 60169
 Phone: 847-884-0030
 Senior Services Direct: 847-285-4541
www.schaumburgtownship.org

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SCHAUMBURG, IL

SENIOR SERVICES

- CEDA Energy Services (LIHEAP, Furnace, Weatherization, & more)
- Day Trips
- Disability parking placards
- Employment Services
- Free amplified phone program
- Income tax return assistance
- Notary public services
- Home visits
- Information and referrals
- Medicare counseling
- Recreation programming
- RTA Reduced Fare and Free Ride Transit Passes
- Senior citizen will program
- Social events and parties
- Support groups
- Transportation
- Veterans Services, and MORE



Senior Services Weekly E-Newsletter Sign Up

If you have an email address, sign up for our weekly electronic newsletter to receive quick communication changes and to send information on programs and services.

Signing up is easy:

- 1) Visit schaumburgtownship.org.
- 2) Look on the right side of the screen and scroll down until you see a section "Subscribe to Our Mailing List."
- 3) Enter your email address, first name, and last name.
- 4) Click on "Senior Services" (and any other department that interests you).
- 5) Click "Subscribe."

We will never sell or disclose your information without your consent and you can unsubscribe whenever you like. If you need help setting up an email or signing up, our staff are happy to assist. Call us at 847-285-4541.