

Senior newsletter

SEPTEMBER AND OCTOBER 2021



OKTOBERFEST

Friday, September 17

Pick up Lunch: 11—12pm

Cost: \$10

Prost! Join us to celebrate Oktoberfest with a delicious German cuisine from Chandler's Chophouse. Register with Kim or Caryn to pick up your Oktoberfest lunch from 11am—12pm at Chandler's Chophouse. Registration is limited to the first 100 people by September 9. Payment is due at registration.

Chandler's is located at 401 N. Roselle Road in Schaumburg. Please drive up to under the canopy to pick up your delicious German cuisine! See you there.

Mask Protocol Update

In following guidance outlined by the CDC and state health agencies, the Township will ask all patrons to wear masks in our building until further notice. The CDC recommends that masks be worn indoors by all individuals, regardless of vaccination status, in areas of substantial or high transmission of COVID-19.

Thank you for your flexibility as we work to keep both clients and staff healthy and safe.

Osco Drug Walk-in Flu Clinic



Thursday, September 30 Walk-in Clinic, No appointments

Cost: FREE with most insurance

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PROGRAM INFORMATION

RULES OF THE ROAD COURSE

Friday, October 1 # 10-12pm

Free

Course regarding how to obtain an Illinois driver's license includes explanation of the driving exam, an overview of the rules of the road and a practice written exam. There is no "behind the wheel" portion of the class. Class limit is 20 people. Registration required at 847-285-4541.

BEHIND-THE-SCENES TOUR OF HISTORIC CHICAGO THEATRE



Friday, November 12

Check-In: 10:15am

Depart: 10:30am

Return: 5pm

Cost: \$60

Tour the historic

landmark Chicago Theatre with a tour guide providing in-depth commentary. Tour includes access to areas of the theatre the public has not seen!

Lunch at Macy's Walnut Room following tour. Lunch includes: Salad, Chicken Pot Pie and Frango dessert—sorry, no substitutions. Cost includes transportation, tour and lunch. Seating is limited to the first 26 people. Register by November 1.

VOLO AUTO MUSEUM



Friday, October 15

Depart: 10:15am

Return: 4:15pm

Cost: \$20

Join us on a 2 1/2 hour walking tour to see classic, antique cars, including the country's largest display of movie and

Hollywood TV cars at the Volo Auto Museum. Before the tour, we will stop at Bobby's Barrel for lunch on your own.

Registration is limited to the first 26 people and cost includes admission and transportation. Masks are required while on the bus and at the Volo Museum. Last day to register is October 8.

MORKES CHOCOLATE TRIP

Friday, October 8

Depart: 9:30am

Return to Township: 2pm

Who doesn't like chocolate? Make your own chocolate pizza, scary molded chocolates and more at Morkes Chocolates! Following Morkes Chocolate, we will head to lunch at Barnaby's Pizza. Lunch is on your own. Masks will be required while on the bus and at Morkes Chocolate.

The \$18 registration fee includes admission and transportation. Registration is limited to the first 20. Last day to register is October 5.

PROGRAM INFORMATION

FOOD



Breakfast w/Kim 8 Carvn

Start your day right naving a good meal

Separate checks available.

Wildberry Pancakes & Café 1383 N. Meacham Rd, Schaumburg Santamber 28 I 8am

Egg Harbor 1310 American Lane Schaumburg October 26 | 8am

HISTORY (V)

Ted Turner

September 15 | 10am
Ted Turner changed the world
of communications while
winning America's cup in 1977.

1970: A Year in Review

October 25| 10am

Nixon meets hippies and Elvis. Also revisit what happened at Kent State, Cambodia, Apollo 13 and Black September.

MUSEUMS (V)

Art Talk from North Carolina's Museum of Art

September 29 | 10am

V= Virtual Program

MOVIE



October 27 | 10am Wonder

Wonder Woman September 8 1pm | \$2 IN-PERSON

PG-13

When a pilot crashes and tells of conflict in the outside world, Diana, an Amazonian warrior in training, leaves home to fight a war, discovering her full powers

TRAVEL (V)

Colonial Philadelphia September 1 | 10am

Washington DC September 3 | 10am

Young Picasso in Malago September 7 | 10am

Diocletian's Palace September 10 | 10am

Alberobello and Polignnano a Mare

September 13 | 10am

Sao Paulo and Caipirinha September 14 | 10am

Breathtaking Upper Lisbon September 17 | 10am

Amsterdam

September 20 | 10am

Budapest

September 24 | 10am

Street Art in Rio de Janerio September 27 | 10am



Olive Oil in Andalusia, Spain October 4 | 10am

RTA Group Transit October 4 | 11am

Peru: History of the Incas October 8 | 10am

Introduction to Bath October 11 | 10am

Secret Treasure of Love October 15 | 10am

Explore Prague
October 18 | 10am

Isle of Skye, Scotland

NEW PROGRAMS!

Arts and Crafts

September 29, October 6 & 20 | 10am | \$5/session

IN-PERSON

Join Nancy as she leads this fun class working on different projects! All skill levels welcome.

Felt Soap/Sachet Making

September 29 | 1pm | \$5

IN-PERSON

Join us as we explore felted soap, which is simply a bar o

Spanish Class

September 28; October 5, 12, 19. 26 | 10am | FREE

IN-PERSON

Learn Spanish with Professor Maria in this 6-week class to learn basic words in Spanish.

Meditation

October 6, 13, 20, 27 | 1pm

Cost: \$5

IN-PERSON

how to relearn and slow down with meditation. Registration limited to the first 20 people.

MISCELLANEOUS

Medicare with Cindy (V) New to Medicare September 1 | 1pm Medicare Enrollment October 6 | 1pm

New to Medicare September 14 | 6pm IN-PERSON

Hosted by the Village of Schaumburg's Committee on Aging.

Register at 847-285-4541.

Special Needs Trust (V) October 1 | 10am

Presentation will explain the different types of trusts, their uses, benefits and more.

Fair Housing (V) September 16 | 3:30pm

Zoom

Meeting ID: 815 2994 8762 Passcode: 579445 Legal requirements and the HUD rule on affirmatively furthering fair housing. Register with Lauren Ewan.

Tenant Rights (V)
October 19 | 3:30pm

Zoom

Meeting ID: 828 1933 4162

Passcode: 015457

Information in renter's rights. Register with Lauren Ewan.

PROGRAM INFORMATION

ART EXPRESSIONS



Art Expressions with Kristi

September 8

October 13

10 am

Cost: \$7 each class

Join Kristi in this wonderful, almost meditative art class. No art skills required.

Supplies are available for pick up the day before the class.

Use the registration form on pages 7 and 8 to register!



To register for programs, please refer to pages 7-8 for more information.

REOCCURING WELLNESS PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chair Yoga 1-2pm \$5 Alzheimer's Association Caregivers Support Group 11-12:30pm Every 3rd Monday.	*Walking Group 8:45-9:45am Meet at Volken- ing Lake Tai Chi* 1-2pm \$5 *Nurse Janet's Health Topic 2:30pm—see calendar for spe- cific dates.	Diabetes Support Group* 10:30-11:30am Every 2nd and 4th Wednesday *Bridges to Memory Support Group 2-3:30pm Every 4th Wednesday.	*Walking Group 8:45-9:45am Meet at Volken- ing Lake	Chair Yoga 1-2pm \$5

^{*}Please call Nurse Janet at 847-285-4551 to register.

Some programming is now offered in-person. Pre-registration and payment encouraged.

Due to the fluid nature of the COVID-19 pandemic, all events are subject to change. Subscribe to the Senior eNewsletter at www.schaumburgtownship.org to keep up to date on current programming news.

	SEPTEMBER 2021							
	MONDAY	TUESDAY	WEDNESDAY THURSDAY		FRIDAY			
and by a little	^In-person Program *Virtual Program +Program held on Zoom and In-Person	Zoom Info: Meeting ID: 471 587 2835 Please call 847-285 -4541 for the	1 10am Colonia Philadelphia* 1pm Medicare with Cindy*	8:45am Walking Group^ 10am Zoom Bingo* 1pm Live Bingo^	3 10am Washington DC* 1pm Chair Yoga+			
A STATE	6 Township Closed	8:45am Walking Group^ 10am Young Picasso in Malago* 1pm Tai Chi+	10am Art Expressions* 10:30am Diabetes Support Group+ 1pm Movie: Wonder Woman+	8:45am Walking Group^ 10am Zoom Bingo* 1pm Live Bingo^	10 10am Diocletian's Palace* 1pm Chair Yoga+			
The second	10am Alberobello and Polignnano a Mare* 1pm Chair Yoga+	8:45am Walking Group^ 10am Sao Paulo and Caipirinha* 1pm Tai Chi+ 2:30pm Health Top- 8:45am Walking Group^ 10am Ted Turner* 10am Zoom 1pm Live Bir 3:30pm Fair		10 am Zoom Bingo* 1pm Live Bingo^	17 10am Breathtaking Upper Lisbon* 1pm Chair Yoga+			
THE COUNTY OF THE PARTY OF THE	20 10am Amsterdam* 11am Caregiver Support Group^ 1pm Chair Yoga+	21 8:45am Walking Group^ 10am Book Club^ 1pm Tai Chi+	22 10am Arts & Crafts^ 10:30am Diabetes Support Group+ 2pm Bridges to Memory^	8:45am Walking Group^ 10am Zoom Bingo* 1pm Live Bingo^	24 10am Budapest* 1pm Chair Yoga+			
I POST IN	27 10am Street Art in Rio de Janeiro* 1pm Chair Yoga+	8am Breakfast Social [^] 8:45am Walking Group [^] 10am Spanish Class [^] 1pm Tai Chi+ 2:30pm Health	29 10am Art with North Carolina Art Museum* 1pm Felt Soap^	8:45am Walking Group [^] 10am Zoom Bingo [*] 11-3pm Flu Clinic [^] 1pm Live Bingo [^]				

	OCTOBER 2021							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
The Party of the	^In-person Program *Virtual Program +Program held on Zoom and In-Person	Zoom Info: Meeting ID: 471 587 2835 Please call 847-285 -4541 for the passcode.			1 10am Rules of the Road^ 10am Special Needs Trust* 1pm Chair Yoga+			
A STATE OF	4 10am Olive Oil in Andalusia, Spain* 11am RTA Transit* 1pm Chair Yoga+	8:45am Walking Group^ 10am Spanish class^ 1pm Tai Chi+	6 10am Arts & Crafts^ 1pm Meditation^ 1pm Medicare with Cindy*	8:45am Walking Group^ 10am Zoom Bingo* 1pm Live Bingo^	9:30am Morkes Chocolates^ 10am Peru: History of the Incas* 1pm Chair Yoga+			
THE REAL PROPERTY.	10am Introduction to Bath* 1pm Chair Yoga+	8:45am Walking Group [^] 10am Spanish Class [^] 1pm Tai Chi+ 2:30pm Health Topic+ 3:30pm Tenants	10am Art Expressions* 10:30am Diabetes Support Group+ 1pm Meditation^	8:45am Walking Group^ 10am Zoom Bingo* 1pm Live Bingo^	15 10am Secret Treasure of the Louve* 1pm Chair Yoga+			
	18 10am Explore Prague* 11am Caregiver Support Group^ 1pm Chair Yoga+	8:45am Walking Group^ 10am Spanish Class^ 1pm Tai Chi+ 2:30pm Book Club^	20 10am Arts & Crafts^ 1pm Meditation^	21 8:45am Walking Group^ 10am Zoom Bingo* 1pm Live Bingo^	10am Isle of Skye, Scotland* 1pm Chair Yoga+			
D. C. L.	25 10am 1970: A Year in Review* 1pm Chair Yoga+	8am Breakfast Social ^A 8:45am Walking Group ^A 10am Spanish Class ^A 1pm Tai Chi+ 2:30pm Health Topic+	10am Art with 27 North Carolina Art Museum* 10:30am Diabetes Support Group+ 1pm Meditation^ 2pm Bridges to Memory^	28 8:45am Walking Group^ 10am Zoom Bingo* 1pm Live Bingo^	29 10am Nicosia, Cypress* 1pm Chair Yoga+			

PROGRAM REGISTRATION

Name (Please Prin	t)		Phone			
Address	s, City, Zip (Code		Email			
Emerge	ency Contac	t Name & F	Relationship	Emergen	ncy Contact Pho	one Numbe	r
Sign Up	Office Use (confirm)	Office Use (wait list #)	Program Name	Day	Date	Start Time	Fee
			Virtual Programs - September				
			Medicare with Cindy Supplement vs. Advantage	Wed	Sept. 1	1:00 PM	Free
			Art Expressions	Wed	Sept. 8	10:00 AM	\$7
			In-Person Programs - September				
			Bingo (Register by August 23)	Thurs	Sept. 2	1:00 PM	At Door
			Chair Yoga	Friday	Sept. 3	1:00 PM	\$5
			Tai Chi	Tues	Sept.7	1:00 PM	\$5
			Movie: Wonder Woman	Weds	Sept. 8	1:00 PM	\$2
			Bingo (Register by August 30)	Thurs	Sept. 9	1:00 PM	At Door
			Chair Yoga	Fri	Sept. 10	1:00 PM	\$5
			Chair Yoga	Mon	Sept. 13	1:00 PM	\$5
			Tai Chi	Tues	Sept. 14	1:00 PM	\$5
			New to Medicare	Tues	Sept 14	6:00 PM	Free
			Bingo (Register by September 7)	Thurs	Sept 16	1:00 PM	At Door
			Oktoberfest (Must register by Sept 9)	Fri	Sept 17	11-12PM	\$10
			Chair Yoga	Mon	Sept 20	1:00 PM	\$5
			Tai Chi	Tues	Sept 21	1:00 PM	\$5
			Arts & Crafts	Weds	Sept 22	10:00 AM	\$5
			Bingo (Register by September 13)	Thurs	Sept 23	1:00 PM	At Door
			Chair Yoga	Fri	Sept 24	1:00 PM	\$5
			Chair Yoga	Mon	Sept 27	1:00 PM	\$5
			Breakfast Social: Wildberry (Must register)	Tues	Sept 28	8:00 AM	On Own
			New! Spanish Class	Tues	Sept 28	10:00 AM	Free
			Tai Chi	Tues	Sept 28	1:00 PM	\$5
			Felt Soap Making	Weds	Sept 29	1:00 PM	\$5
			Flu Clinic	Thurs	Sept 30	11-3 PM	FREE
			Bingo (Register by September 20)	Thurs	Sept 30	1:00 PM	At Door
			Day Trips- September				
			Four Winds Casino	Tues	Sept 14	8:00 AM	Full
			Kinky Boots	Weds	Sept 15	10:30AM	Full

PROGRAM REGISTRATION

Sign Up	Office Use (confirm)	Office Use (wait list #)	Program Name	Day	Date	Start Time	Fee
		I	Virtual Programs - October				
			Medicare with Cindy—Open Enrollment	Wed	Oct. 5	1:00 PM	Free
			Art Expressions	Wed	Oct. 13	10:00 AM	\$7
			In-Person Programs - October				
			Rules of the Road	Fri	Oct. 1	10:00 AM	Free
			Chair Yoga	Fri	Oct. 1	1:00 PM	\$5
			Chair Yoga	Mon	Oct. 4	1:00 PM	\$5
			Spanish Class (6-week class)	Tues	Oct. 5	10:00 AM	Free
			Tai Chi	Tues	Oct. 5	1:00 PM	\$5
			Arts & Crafts	Wed	Oct. 6	10:00 AM	\$5
			Meditation (4-week class)	Wed	Oct. 5	1:00 PM	\$5
			Bingo	Thurs	Oct. 7	1:00 PM	At Door
			Chair Yoga	Fri	Oct. 8	1:00 PM	\$5
			Chair Yoga	Mon	Oct. 11	1:00 PM	\$5
			Spanish Class	Tues	Oct. 12	10:00 AM	Free
			Tai Chi	Tues	Oct. 12	1:00 PM	\$5
			Meditation	Wed	Oct. 13	1:00 PM	\$5
			Bingo	Thurs	Oct. 14	1:00 PM	At Door
			Chair Yoga	Fri	Oct. 15	1:00 PM	\$5
			Chair Yoga	Mon	Oct. 18	1:00 PM	\$5
			Spanish Class	Tues	Oct. 19	10:00 AM	Free
			Tai Chi	Tues	Oct. 19	1:00 PM	\$5
			Book Club	Tues	Oct. 19	2:30 PM	\$5
			Arts & Crafts	Wed	Oct. 20	10:00 AM	\$5
			Meditation	Wed	Oct. 20	1:00 PM	\$5
			Bingo	Thurs	Oct. 21	1:00 PM	At Door
			Chair Yoga	Fri	Oct. 22	1:00 PM	\$5
			Chair Yoga	Mon	Oct. 25	1:00 PM	\$5
			Breakfast Social: Egg Harbor (Must register)	Tues	Oct. 26	8:00 AM	On Own
			Spanish Class	Tues	Oct. 26	10:00 AM	Free
			Tai Chi	Tues	Oct. 26	1:00 PM	\$5
			Meditation	Wed	Oct. 27	1:00 PM	\$5
			Bingo	Thurs	Oct. 28	1:00 PM	At Door
			Chair Yoga	Fri	Oct. 29	1:00 PM	\$5
			Day Trips - October	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	0.4.0	40.00.41	A00
			Forever Plaid (Register by September 21)	Wed	Oct. 6	10:30 AM	\$68
			Morkes Chocolate Trip (Register by Oct. 1)	Fri	Oct. 8	10:00 AM	\$18
			Volo Museum (Register by Oct. 8) Behind-the-Scenes (Register by Nov. 1)	Fri Fri	Oct. 15 Nov. 12	10:45 AM	\$20 \$60
			Definition time-ocenies (Neglister by Nov. 1)	FII	INUV. IZ	10:15 AM	φυυ

SOCIAL SERVICES



Medicare Part C/D Open Enrollment Begins October 15th

Every year from October 15th through December 7th, this is the time for Medicare beneficiaries to review Medicare Advantage plans and/or Medicare Prescription Drugs plans for the 2022 year.

Call us at 847-285-4541 for an appointment with a SHIP counselor. You can also review yourself on Medicare.gov or call 1-800-MEDICARE.

ADOPT-A-FAMILY HOLIDAY PROGRAM

The Township of Schaumburg's Adopt-A-Family Holiday program makes the holiday season a little bit brighter for those in need by being "adopted" by generous community donors who help to fulfill their holiday wishes!

There are no income requirements; program is open to anyone who wants to apply. Applications are available in the senior department. Last day to apply is October

HOLIDAY DONORS NEEDED

If you interested in "adopting" an older adult this holiday season, please contact Anna Newell in Senior Services at 847-285-4541 or anewell@schaumburgtownship.org. Each donor is matched with an older adult and purchases the items on their wish list.



Volunteers Needed TOWNSHIP OF SCHAUMBURG

Seeking volunteers to be trained on our Illinois Telecommunications Access Corporation program (ITAC). The ITAC Program Volunteer position will assist ITAC clients in testing amplified phones, cell phone amplifiers and CapTel phones and assist with outreach events to help promote ITAC. Volunteers will receive complete hands-on training with the equipment and learn how the program works. Volunteers must be comfortable talking and working with people who are Hard of Hearing. If you are interested in this opportunity, please contact Lauren Ewan at 847-884-0030 ext. 2025 or lewan@schaumburgtownship.org.

SOCIAL SERVICES



DISABILITY SERVICES RESOURCE FAIR

Disability Services will be hosting a Community Resource Fair on Saturday, September 25th from 9 – 12pm at the Township of Schaumburg at One Illinois Blvd, Hoffman Estates. Local disability service providers will be onsite offering information about their services.

Come learn about what's available for your family in our community and have some fun!
Carnival-type games, face painting, raffle prizes and sensory-friendly touch-a-trucks will make this an event you don't want to miss!

HEALTH TOPICS

Nurse Janet's Health Topics will be available on Zoom and in-person on the following Tuesdays from 2:30 - 3:30pm. Please call 847-285-4551 to register if you will be attending in person.

- Tuesday, September 14: Common Lab Values and What Do They Mean
- Tuesday, September 28: Healthy Cooking Class -Brown Rice and Veggie Bowl
- Tuesday, October 12: Eye Safety
- Tuesday, October 26: Mental Illness in Seniors

Nurse Janet also facilitates the Diabetes Support Group every 2nd and 4th Wednesday of the month at 10:30am and Bridges to Memory every 4th Wednes-

LIHEAP/PIPP

CEDA's Low Income Home Energy Assistance Program (LIHEAP) is designed to assist eligible lowincome households to pay for winter energy services. LIHEAP will provide a one-time benefit to eligible households to be used for energy bills (i.e. ComEd and Nicor). Program begins September 1.

LIHEAP includes the Percentage of Income Payment Plan (PIPP) which will also be available starting September 1, for LIHEAP eligible households. Under PIPP, eligible households pay a percentage of their income towards their utility bill, supplemented by a monthly benefit. Participating households are eligible for a reduction in outstanding bills for every on-time payment they make. Applicants will be served on a first-come, first-served basis until funding is exhausted.

Please call 847-285-4541 for an appointment. Program guidelines have not been released at time of this publication.

SOCIAL SERVICES

SCHEDULE YOUR TRIP.

TRANSPORTATION - CALL 847-882-1929

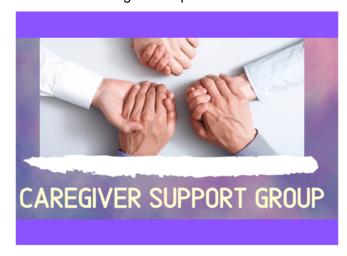
GROCERY TRIP SCHEDULE Stores Area Served Day(s) Walmart & Target Mondays & Fridays Whole Township Tuesday Based on resident's Wednesday Jewel. Mariano's & location in Thursday Aldi **Township** Friday Valli Tuesday Whole Township



CAREGIVER SUPPORT GROUP

The Caregiver Support Group offers a safe place for caregivers of family members to talk about their experiences and seek support from others.

The Caregiver Support Group will be meeting in-person on Monday, September 20 and October 18. Registration is required as space is limited. Face masks will be required and social distancing will be practiced.



SECRETARY OF STATE'S OFFICE REQUIRES APPOINTMENTS BEGINNING IN

Beginning the week of September 7th, the Schaumburg Secretary of



State location will require appointments to apply or renew driver's licenses and ID cards. This is to help alleviate the long lines that the Secretary of State locations are currently experiencing.

Visit www.cyberdriverillinois.com or call the appointment helpline at 844-817-4649 to schedule an appointment. Even though appointments will be required, older adults, people with disabilities, and those who are pregnant will still be allowed to walk-in.



Township of Schaumburg partment of Senior Services nois Boulevard Estates, II 60169

Phone: 847-884-0030
Services Direct: 847-285-4541
www.schaumburgtownship.org

GSchaumburgTownship

@SchaumburgTwp

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Senior

PRSRT STD U.S. POSTAGE PAID PERMIT NO. 154 SCHAUMBURG, IL



Forever Plaid

Wednesday, October 6

Check-in: 10:30am | Depart: 10:40am | Return:

4:15pm

Cost: \$68

Forever Plaid begins when the guys are given the chance to perform from the afterlife. This smash hit musical is a nostalgic homage to the music of the '50s and includes hits such as "Three Coins in the Fountain" and "Love is a Many-Splendored Thing." Registration is limited to the first 26. Cost includes transportation and show. Register by September 21.

TOWNSHIP ELECTED OFFICIALS



SUPERVISOR Timothy M. Heneghan



TRUSTEE Robert N. Fiorio



TRUSTEE Demetrius J. Gibson



TRUSTEE Lauren Saternus



TRUSTEE Matthew J. Steward



CLERK W. Robert Vinnedge



ASSESSOR John R. Lawson, CIAO



HIGHWAY COMMISSIONER Scott M. Kegarise