



Mental Health Committee

Agenda

Tuesday, September 7, 2021 7:00pm

Boardroom

- I. Call to Order/Roll Call/Meeting Norms**
- II. Welcome/Introduction of Visitors** - Various members of the community interested in joining the committee
- III. Public Comments**
- IV. Approval of Minutes from 5/04/2021**
- V. Announcements/Correspondence**
- VI. Old Business**
 - A. Review Recent Programming
 1. May - May 5 - Bruce Sewick, LCPC, CADC, CEO of the Leyden Family Service & MHC and the SHARE program, presented Neurosequential Model of Development: How Stress Impacts Development and Can Set the Stage for Addiction. The SHARE program is an agency supported by the Township of Schaumburg.

May 12 - Charla Waxman, MBA, EdD, Director of Business Development at Lake Behavioral Hospital, presented on Gangs and Mental Health.

May 19 - Allison Stoll, M.A., LPC, Child and Family Therapist/Family Support Services at the Children's Advocacy Center presented on Attachment, Attunement, and Brain Development. This presentation has 316 views.

Jillian Bernas
Chair

MaryAnn Ogilvie
Vice Chair

Mary Cloonan-Walsh
Secretary

Matthew Steward
Board Liaison

Stephanie Bertels
Member

Gina Raza
Member

Jonathan Rubin
Member

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Vacancy
Member



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May 26 - Cara Levinson, American Foundation for Suicide Prevention Board member delivered the Talk Saves Lives presentation.

2. June 16 at 12 am - Sudesh Kannan, PhD. will present on Finding Meaning & Purpose in the Post Covid-19 World, using meditation and visualization techniques. This presentation will be the first in-person and virtual hybrid presentation.
3. July 21 at 1 p.m. - Jeff Garbaciak, MBA, of New York Life will present on Financial Tools for Seniors and Dependents with Special Needs. This will be a hybrid presentation.
4. August 18 at 10 a.m. - Daxa Sangghvi, MSW, Caregiver Specialist at Kenneth Young Center will present Tap Into Your Mind, focusing on self-talk to adjust and adapt to situations. This will be a hybrid presentation.
5. Facebook Update - Stephanie
6. Filing Project- Jonathan

VII. New Business

A. Upcoming Programming

1. September 15 at Noon - Jenny Evaskus, S.I.R Management, Inc.:
Specialized Mental Health Rehabilitation Facilities (SMHRFs)
2. October 20 at Noon - Wanda Lee Farnell, Minds in Motion, Loving Kindness: You Matter, So Does Your Mental Health

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- B. Meeting Schedule - First Tuesday of the Month at 7 p.m., Review dates for conflicts - October 5, November 2, December 7, January 4, February 1, March 1, April 5 and May 3
 - C. Review proposed budget for the fiscal year March 2021 through February 2022
 - D. Mental Health First Aid Courses
 - E. Minds Matter May 3, 2021 Committees - Marketing, Exhibitors/Township/Facilities, and Speakers/Sponsorships
 - F. Funding Application Process
- VIII. Board and Liaison Reports and Review of Agency Bills**
- A. Board Liaison Report
 - B. Mary Cloonan-Walsh - SHARE
 - C. Jonathan Rubin - Northwest CASA
 - D. Stephanie Bertels - Kenneth Young Center
 - E. Gina Raza - Life Span
 - F. MaryAnn Ogilvie - Villages
 - G. Jillian Bernas - Library
 - H. Stephanie Bertels - Schools
- IX. Committee Member Comments**
- X. Next Meeting Date - Tuesday, October 5, 2021 at 7:00pm, TBD**
- XI. Adjournment**

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