



Mental Health Committee

Minutes

Tuesday, October 5, 2021 7:00pm

Room 114

I. Call to Order/Roll Call/Meeting Norms

Jillian Bernas called the meeting to order at 7:01pm.

Members Present: Stephanie Bertels and Joanmarie Wermes

Members Present Remotely: MaryAnn Ogilvie and Jonathan Rubin

Others Present: Katy Trent - Schaumburg Township staff liaison, Cathy Skura Associate Member

Absent: Jillian Bernas, Mary Cloonan-Walsh, Gina Raza, Trustee Matthew Steward - Board of Trustees Liaison

II. Welcome/Introduction of Visitors - Cecilia Brooks was in attendance and interested in the committee and accompanied by Marmaduke Kamara.

III. Public Comments - No public comments

IV. Approval of Minutes from 9/7/2021

Joanmarie Wermes moved to approve the minutes from 9/7/2021. Stephanie Bertels seconded the motion. There were no amendments. Minutes were approved unanimously through roll call vote.

V. Announcements/Correspondence - None

VI. Old Business

A. Review Recent Programming

1. September 15 at Noon - Jenny Evaskus of S.I.R Management, Inc. talked about Specialized Mental Health Rehabilitation Facilities (SMHRFs). Stephanie commented that the program was very educational.
2. Disability Fair - This past Saturday, September 25 Stephanie, Joanmarie and Jillian participated in the Township's Disability Fair. Stephanie

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commented that she attended with her 13-year-old and there were many resources. She was also able to refer people to various resources that the Township offers. Joanmarie was impressed with the number of contributors present at the Disability Fair and she was able to network with acquaintances and meet new people.

- B. Meeting Schedule - The Committee will be able to meet on November 2 because the Township will be open.
- C. Funding Application Process - Agencies have been requested to submit their funding applications for 2022 by October 26. At the November 2 meeting, we will be meeting with the agencies. They will each have ten minutes to present. Katy added that applications have been sent to currently funded agencies and are on the Township website, on the Mental Health Committee page, if anyone wants to refer other agencies to the application. Decisions on funding will be made at the December meeting.
- D. Minds Matter May 3, 2022 Subcommittees - This will be the first in-person Minds Matter event in two years. Subcommittees are Marketing, Exhibitors/Township Facilities, and Speakers/Sponsors. MaryAnn suggested that members work on the same subcommittees since they have developed skills in those areas. If members are interested in changing subcommittees, please let Jillian know. Joanmarie will give subcommittee participation some consideration. Committee will discuss subcommittee participation at the November meeting.
- E. Committee budget was reviewed and Stephanie noted that resources were allocated to the Trunk or Treat event, but no other line items were added.

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VII. New Business

1. Upcoming Programming
 - a. October 20 at Noon- Wanda Lee Farnell, Minds in Motion, Loving Kindness: You Matter, So Does Your Mental Health. This is the last session in the speakers series this past year.
2. In Our Own Voice - This is a program through NAMI that allows people who have experienced mental health challenges to share their experiences with others. This will be some time in February so that it can be included in the Town Crier edition early 2022. MaryAnn is in contact with a coordinator at NAMI to plan this according to the dates the Township provided.
3. Trunk or Treat - This event will be held on Thursday, October 28 from 3 - 7 p.m. in the parking lot. MaryAnn will lead our participation in this event and needs help from other members. Stephanie and Cathy volunteered to help. A theme is needed for this year. Katy will help MaryAnn purchase candy for the event and then she will take care of the bill through the Mental Health Committee budget line. MaryAnn will send out an email to volunteers to get organized.
4. Mental Health First Aid Courses will be pursued with Amita, one in November and one in March, depending on Amita's schedule. One session will be focused on working with adults and the other with young people. Katy mentioned that the November date may be hard to schedule, but March will work well.

VIII. Board and Liaison Reports and Review of Agency Bills

- A. Board Liaison Report, Trustee Steward - No report
- B. Mary Cloonan-Walsh - SHARE, No report

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- C. Jonathan Rubin - Northwest CASA, Jonathan added that Northwest CASA held a marathon recently.
- D. Stephanie Bertels - Kenneth Young Center, Stephanie reached out to KYC as the liaison to coordinate with them, but has not received a response yet.
- E. Gina Raza - Life Span, No report
- F. MaryAnn Ogilvie - Villages, MaryAnn has been forwarding village newsletters with relevant information.
- G. Jillian Bernas - Library, No report
- H. Stephanie Bertels - Stephanie reported that the Schamburg Council of PTAs now has a mental health committee modelled after our Committee. The secretary contacted Stephanie to see if there was any information she could share with them and she shared information about topics we are reviewing in our meetings. They identified recent legislation to be aware of related to mental health. SB1577 provides up to five mental health days a year for students. HB1778 would require all student identification to contain numbers for suicide prevention hotlines.

IX. Committee Member Comments

Stephanie mentioned that her child goes to a program at Willow Creek that offers various services for young people. Stephanie asked agency liaisons to reach out to their agencies and remind them to send most recent reports, especially those from over the summer.

X. Next Meeting Date - Tuesday, November 2, 2021 at 7:00pm, Boardroom

XI. Adjournment

Joanmarie moved to adjourn the meeting. MaryAnn seconded the motion. The motion was approved by unanimous roll call vote. The meeting was adjourned at 7:32 p.m.

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