



# Mental Health Committee

## Minutes

*Tuesday, February 1, 2022 7:00pm*

*Boardroom*

### **I. Call to Order/Roll Call**

MaryAnn called the meeting to order at 7:00 pm and took roll call.

Members Present: Mary Ann Ogilvie, Mary Cloonan Walsh (remote), Stephanie Bertels, Joanmarie Wermes, and Gina Raza

Others Present: Trustee Matthew Steward - Board Trustee Liaison (remote), Katy Trent - Schaumburg Township staff liaison, Cathy Skura Associate Member

Absent: Jillian Bernas, Jonathan Rubin

### **II. Welcome/Introduction of Visitors - No Visitors.**

### **III. Public Comments - No Public Comments.**

**Approval of Minutes from 1/4/2022-** MaryAnn moved to approve the minutes from the January 4, 2022 meeting. Stephanie seconded the motion. There were no amendments. Minutes were approved unanimously by roll call vote.

### **IV. Announcements/Correspondence - Jillian had her baby boy Angel Robert born January 26th at 12:23 am and was 8 pounds, 4 ounces, and 21 inches long. Congratulations! A card will be sent to Jillian. No correspondence.**

### **V. Old Business**

### **VI. New Business**

A. Thank You Notes for 2021 Speaker Series - Thank you cards will be purchased and sent to our speakers.

B. Upcoming Programming -

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Vice Chair

Mary Cloonan-Walsh  
Secretary  
Liaison

Trustee Mathew Steward

Stephanie Bertels  
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Gina Raza  
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1. In Our Own Voice - February 24, 2022 from 7 - 8:30 p.m. - Flyers will be sent by email. The presentation has been advertised in the Town Crier and on Facebook. There is an Eventbrite link for those interested to register for free.
2. Mental Health First Aid Course - March 30, 2022 from 10 a.m. - 3 p.m. - The course has been advertised in the upcoming Town Crier and Stephanie will share the information on Facebook. A link has been provided by Amita for those interested in registering.

### C. Guest Speakers at Meetings

### D. Minds Matter May 3, 2022 Committee Reports

1. Facilities/Exhibitors - Jillian Bernas, Joanmarie Wermes - Jillian sent an email to previous exhibitors. Regarding space, Katy confirmed that we will only need the gym and the Boardroom for Minds Matter.
2. Speakers/Sponsors - MaryAnn Ogilvie, Mary Cloonan-Walsh - There are two confirmed speakers. Jessica Montgomery, MSW, Family Advocate from Children's Advocacy Center at 4:15 p.m. How the trauma response impacts perceived response to consent and Julie Hanson, Clinical Social Work/ Therapist will talk about Trauma & EMDR and Meditation for Anxiety Reduction. CAC has also asked for a table. MaryAnn has two other speakers. Susie, from the NAMI In Our Own Voice Presentation, along with another person, is willing to tell her story. NAMI's Venus Gintowt is willing to talk about Suicide, Ending the Silence. Dr. Richard

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Westocki, Internet Safety sounds interesting however it would cost \$1200 to speak for 2 hours. Regarding Sponsors- none at this time.

3. Marketing - Jonathan Rubin, Gina Raza - No updates

### **VII. Board and Liaison Reports and Review of Agency Bills**

- A. Board Liaison Report - Trustee Matthew Steward reports that the budget is moving along and he does not expect any issues. He wrote an article in the February edition of the Town Crier featuring the disability and hearing services the Township provides. In other news, Trustee Steward shared that he is getting married on 2/22/2022 in a church ceremony which will be celebrated with about 40 family members and friends. A larger reception is to follow in Scottsdale, Arizona in April. Congratulations Trustee Steward!
- B. Mary Cloonan-Walsh - SHARE - No report
- C. Jonathan Rubin - Northwest CASA - No report
- D. Stephanie Bertels - Kenneth Young Center - Illinois House Bill 4238/Senate Bill 3935 are important pieces of legislation being proposed to invest in mental health reimbursement rates to help agencies like KYC increase compensation to mental health professionals. There's a shortage of folks going into the mental health field across the state, so it's vital that we do all we can to support this legislation. We are asking folks to contact their representatives to please urge their support. We're proud to celebrate Kei Smith who was just named as one of HRC's Youth Ambassadors. This national recognition of one of our local young people who has

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been involved with KYC's LGBTQ+ Center is an incredible honor to celebrate for our community.

E. Gina Raza - Life Span - No report

F. MaryAnn Ogilvie - Villages - No report

G. Jillian Bernas - Library - No report

H. Stephanie Bertels - Schools - As of January 1st, 2022, Students in Illinois are allowed to take five mental health days per year. The Suicide Prevention Phone Number is now posted on student IDs.

**II. Committee Member Comments - None**

**III. Next Meeting Date - Tuesday, March 1, 2022 at 7:00pm, Boardroom**

**VIII. Adjournment** - Stephanie motioned to adjourn the meeting. Joanmarie seconded the motion. The motion was approved by roll call vote. The meeting was adjourned at 7:35 p.m.

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