



Mental Health Committee

Minutes

Tuesday, March 1, 2022 7:00pm

Boardroom

I. Call to Order/Roll Call

Jillian called the meeting to order at 7:00 pm and took roll call.

Members Present: Mary Ann Ogilvie, Mary Cloonan Walsh Stephanie Bertels, Joanmarie Wermes, Jillian Bernas, Jonathan Rubin

Others Present: Cathy Skura Associate Member, Katy Trent - Schaumburg Township staff liaison.

Absent: Gina Raza, Trustee Matthew Steward

II. Welcome/Introduction of Visitors - No Visitors.

III. Public Comments - No Public Comments.

Approval of Minutes from 2/1/2022- MaryAnn moved to approve the minutes from the February 1, 2022 meeting. Jonathan seconded the motion. Minutes were approved with corrections.

IV. Announcements/Correspondence - The Mental Health First Aid course and Minds Matter 2022 were advertised in the Town Crier.

V. Old Business

A. Review Recent Programming

1. In Our Own Voice - February 24, 2022 from 7-8:30 p.m. - Jillian acknowledged all the work MaryAnn did to get this event together. MaryAnn reported that all went well despite the low attendance due to the weather.

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2. Speaker Thank You Gifts - Katy bought gift cards to Oberweis which Jillian will send out to speakers and Visa gift cards which MaryAnn will give to the NAMI speakers. Katy also bought Visa gift cards for the Minds Matter speakers which MaryAnn will give to the speakers.

VI. New Business

A. Upcoming Programming -

1. Mental Health First Aid Course - March 30, 2022 from 10 a.m. - 3 p.m. - There are about 20 people registered for the upcoming course which is the class limit. Further advertising is not needed. If there is a lot more interest, we could keep a waitlist and open another date.
2. Future Mental Health First Aid Course - The Committee discussed the possibility of having two courses during the year, one in the fall and one in the spring. Katy suggested we start working on this in June to correspond with the Town Crier schedule and Jonathan suggested we publicize it in the Schaumburg Village progress report. Jillian will ask the coordinator Khadijah at Amita about dates in the fall.

B. Minds Matter May 3, 2022 Committee Reports

1. Facilities/Exhibitors - Jillian Bernas, Joanmarie Wermes - Jillian received confirmation from eight agencies that want booths and asked organizations to commit by March 21, 2022. There was a discussion on space in the gym, air quality and sufficient seating.

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2. Speakers/Sponsors - MaryAnn Ogilvie, Mary Cloonan-Walsh - Jessica Montgomery, MSW, Family Advocate, Children's Advocacy Center will speak at 4:15 p.m. and NAMI In Our Own Voice volunteers have requested no live streaming and will present at 5:00 p.m. Julie Hanson, Clinical Social Work/Therapist will talk about Trauma & EMDR and Tips for Anxiety Reduction at 6:30 p.m. We need one more speaker for the 5:45 p.m. time slot and speakers were discussed. Jillian discussed the possibility of a genetic testing company sponsoring refreshments. They contacted her to offer sponsored refreshments for the In Our Own Voice event, but it was too last minute. Restaurants have been having a hard time due to the pandemic and we will consider other sources of food donations. The Committee has enough resources to purchase prepackaged refreshments if needed.
3. Marketing - Jonathan Rubin, Gina Raza - No updates. A save-the-date was requested of the Marketing committee.

VII. Board and Liaison Reports and Review of Agency Bills

- A. Board Liaison Report - Trustee Matthew Steward - No report
- B. Mary Cloonan-Walsh - SHARE - SHARE's 20th Annual Gala will be on October 21, 2022 at Allegria Banquets, 5035 N River Road in Schiller Park at 6:00pm and SHARE reopened their out-patient facility.
- C. Jonathan Rubin - Northwest CASA - No report
- D. Stephanie Bertels - Kenneth Young Center - No report

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E. Gina Raza - Life Span - No report

F. MaryAnn Ogilvie - Villages - No report

G. Jillian Bernas - Library - Jillian continues to promote the Mental Health Fair

H. Stephanie Bertels - Schools - No report

II. Committee Member Comments - Cathy discussed a Daily Herald article about a group in Carol Stream that is collecting clothing, blankets and shoes for adults and children in Ukraine. Items can be dropped off at the Roselle Fire Department 450 Kehoe Blvd., Roselle.

Stephanie initiated a conversation about the adverse effect of the pandemic on mental health and the need for affordable out-patient treatment being made more accessible to all. These programs are costly even with health insurance. A typical partial hospitalization program can cost about \$850.00 per day for a six-hour program, five days a week. Committee discussed advocating for making treatment affordable. Jillian confirmed that the Committee can prepare a letter to the Board of Trustees and/ or other government bodies advocating for this support.

III. Next Meeting Date - Tuesday, April 5, 2022 at 7:00pm, Boardroom

VIII. Adjournment - MaryAnn motioned to adjourn the meeting. Jonathan seconded the motion. The motion was approved by roll call vote. The meeting was adjourned at 8:12 p.m.

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