



# Mental Health Committee

## Minutes

*Tuesday, October 4, 2022 7:00pm*

*Boardroom*

### **I. Call to Order/Roll Call/Meeting Norms**

Jillian called the meeting to order at 7:01 p.m. Roll call vote taken.

Members Present: Jillian Bernas, Joanmarie Wermes, Maryann Ogilvie, Gina Raza, Mary Cloonan Walsh and Cathy Skura

Others Present: Katy Trent, Community Relations Coordinator; Trustee Lauren Saternus

Absent: Stephanie Bertels, Jonathan Rubin

**I. Welcome/Introduction of Visitors** - Kathleen Reed attended the meeting to learn about the Mental Health Committee and explore possible membership

**II. Public Comments** - Kathleen introduced herself and identified herself as a resident of Elk Grove Village.

**III. Approval of Minutes from 5/3/2022 and 9/6/2022** – Joanmarie motioned to approve the minutes for both meetings with one edit to the 9/6/22 minutes correcting Joanmarie Wermes last name. MaryAnn seconded. The minutes were approved by unanimous voice vote with a correction to Joanmarie’s last name, Wermes.

**IV. Announcements/Correspondence** - None

### **V. Old Business**

A. Mental Health Awareness Letter - Stephanie had drafted a letter, but was not present

#### **B. Programming**

1. Disability Fair - Saturday, September 24, 9:30 a.m.-12 p.m. Joanmarie, Cathy and Jillian represented the Committee at the booth. Joanmarie introduced herself to the vendors. The Township trustees had a training that same day and were unable to attend.

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Vice Chair

Stephanie Bertels  
Secretary

Liaison  
Trustee Lauren Saternus

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Member

Gina Raza  
Member

Jonathan Rubin  
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Joanmarie Wermes  
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### VI. New Business

#### A. Upcoming Programming

1. Trunk or Treat - Thursday, October 27, 3 - 7 p.m. Cathy will attend from 4 - 6 p.m. Stephanie will take ownership of the decorations. MaryAnn will attend the whole time. Katy will get candy.
2. Emerging Minds - The Committee will plan to hold this event before the meeting on November 1. Coping mechanisms for anxiety in young people is the topic. Members are encouraged to identify possible speakers on the topic. School psychologists may be a good fit. Jillian will contact KYC about possible speakers.
3. Mental Health First Aid Course - Right now the course is tentative for Thursday, November 10. AMITA does not offer this course anymore as they do not have anyone to run them. AMITA referred us to Edwards Elmhurst who charges \$500 for it and \$24.95 per participant which could potentially cost \$1000.00. We can ask Kenneth Young. Katy suggested reaching out to Linda Springer and copy Grace on communications to Kenneth Young Center. There are different ways to cover some of the costs like asking attendees to pay.
4. In Our Own Voice - Maryann will check to see if NAMI's availability.
5. Minds Matter - Tuesday, May 2, Committees- Marketing, Exhibitors/Township Facilities. And Speakers/Sponsorships

#### B. Budget Allocation (\$2000.00) for the fiscal year March 2022-February 2023

1. Mental Health First Aid Courses

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### 2. Possible Speaker Honorarium

C. Funding Application Update - The funding application due date is October 25, 2022. Applications will be posted to the Township of Schaumburg Mental Health Committee webpage. The application email will invite each agency to present at the meeting November 1 in this order:

1. Kenneth Young Center - 7:05 - 7:15 p.m.
2. LifeSpan - 7:15 - 7:25 p.m.
3. Northwest CASA - 7:25 - 7:35 p.m.
4. SHARE - 7:35 - 7:45 p.m.
5. Boys and Girls Club - 7:45 - 7:55 p.m.

D. Monthly Agency Reports - Boys and Girls Club have not sent a progress report, they need to provide a report. Jillian will contact the Boys and Girls Club to ask about the progress report.

### **VIII. Board and Liaison Reports and Review of Agency Bills**

a. Board Liaison Report - Trustee Saternus – Trustee Lauren Saternus reported that the DEI became a committee. They used the bylaws from the MHC. This process brought to light the inconsistencies among committees. It would be good to have a conversation about the 708 Board. The Committee and 708 Board could operate together or separate. The 708 Board will need to conduct a community needs assessment during 2023. The Trustees will be leaning on the Committee for ramping up this initiative. The mental health question on the Township community survey received good feedback. Some topics that will need to be addressed include funding, creating a board, needs assessment, mental health board levy. The levy is through the Township levy. To pass, it

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will need 50% of votes. At the end of October, the

Township is redoing the ramp in front of the building. There may be time periods where the front entrance is closed. There will be a lobby renovation mid-November which will impact the front door and elevator.

- b. Mary Cloonan-Walsh - SHARE - No report
- c. Jonathan Rubin - Northwest CASA - Absent
- d. Stephanie Bertels - Kenneth Young Center – Absent
- e. Gina Raza - Life Span - No report
- f. MaryAnn Ogilvie - Villages - No report
- g. Jillian Bernas- Library – In Our Own Voice
- h. Stephanie Bertels - Schools - Absent

IX. **Committee Member Comments** – Joanmarie requested an excused absence for the November meeting. Gina wondered if we could have In Our Own Voices at an off site location and reminded us to keep the Open Meetings Act in mind when communicating outside of meetings.

X. **Next Meeting Date - Tuesday, November 1, 2022 at 7:00pm, Boardroom**

XI. **Adjournment** – Gina motioned that we adjourn and MaryAnn seconded. The meeting was adjourned at 7:58 p.m. by unanimous voice vote.

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