



Mental Health Committee

Agenda

Tuesday, February 7, 2023 7:00pm

Boardroom

I. Call to Order/Roll Call/Meeting Norms - Jillian Bernas called the meeting to order at 7:00pm.

Members present: Jillian Bernas, MaryAnn Ogilvie, Joanmarie Wermes, Mary Cloonan-Walsh, Kathleen Reed, Gina Raza, Trustee Lauren Saternus, Katy Trent

II. Welcome/Introduction of Visitors

III. Public Comments None

IV. Approval of Minutes from 1/3/2023 - Joanmarie moved to approve; MaryAnn seconded. Corrections were made, and approved by voice vote.

V. Announcements/Correspondence - Town Crier

VI. Old Business

A. Mental Health Awareness Letter

1. Handing off knowledge of the community to Mental Health Board
2. Members expressed they are comfortable with submitting the letter as revised.
3. Stephanie moved to share the revised letter with the BOT; MaryAnn seconded. Approved by voice vote.

B. Emerging Minds - Keep Calm and Cope Presentation

1. Marketing was robust.
2. 6-8 attendees at any given time
3. Jillian expressed that these types of presentations have a lot of value for our community, especially as many people will view later. She also suggested further collaboration on these types of programs between the new Mental Health Board and other MH partners and schools would be helpful.

VII. New Business

A. Upcoming Programming

Jillian Bernas
Chair

MaryAnn Ogilvie
Vice Chair

Stephanie Bertels
Secretary

Lauren Saternus
Board Liaison

Mary Cloonan-Walsh
Member

Gina Raza
Member

Jonathan Rubin
Member

Joanmarie Wermes
Member

Kathleen Reed
Member



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1. In Our Own Voice - Scheduled for
Monday, March 6, at Schaumburg Township District Library
 - a) Monday, March 6, 7pm, upstairs at central library
 - b) Will be added to library calendar shortly
 - c) Maryann will give presenters gift cards in appreciation.
 - d) Jillian has requested MHC members attend as they are able
2. Minds Matter - Tuesday, May 2
 - a) Facilities/Exhibitors - Jillian Bernas, Joanmarie Wermes
 - (1) 12 exhibitor responses so far; good position
 - b) Speakers/Sponsors - MaryAnn Ogilvie, Mary Cloonan-Walsh
 - (1) 4 speakers and topics identified
 - (a) Change to one presentation name was suggested to reflect content more accurately and compassionately
 - (2) Discussion about sponsors led to a determination that we would get individual snacks again
 - (a) Stephanie will select from Walmart.com
 - c) Marketing - Jonathan Rubin, Gina Raza
 - (1) Jillian will work on marketing materials.
 - d) Katy Trent will not be available for Minds Matter and advised she would work with Jillian to ensure we have assistance and tech support as needed.
 3. Mental Health First Aid - Date TBD in May for Township personnel
 - a) Courses have been successful in the past.
 - b) Make available to township personnel first, then open to community
 - c) Jillian will book a date for the second half of May.

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- d) Gina pointed out we should aim for the third week to catch people before they leave for summer vacations.
- 4. Transition to 708 Mental Health Board
 - a) Meeting will follow the MHC meeting this evening.
 - b) Board members have been appointed; some MHC members have committed to assisting by sharing institutional knowledge.
 - c) Needs assessment will be one of the first priorities
 - d) Each MHC member shared information regarding what we've done with the MHC
 - e) Jillian provided an overview of the Committee's annual activities.

VIII. Board and Liaison Reports and Review of Agency Bills

- A. Board Liaison Report - Trustee Lauren Saternus - No update.
- B. Mary Cloonan-Walsh - SHARE - "Surviving with less than we've ever had; detox is still closed." Mary asked that the Mental Health Board consider providing additional funding for SHARE.
- C. Jonathan Rubin - Northwest CASA - No update.
- D. Stephanie Bertels - Kenneth Young Center - Stephanie shared that she connected our agencies with National Hispanic Suicide Prevention Network (NHSPN.com).
- E. Gina Raza - Life Span - No update.
- F. MaryAnn Ogilvie - Villages - No update.
- G. Jillian Bernas - Library - Jillian advised Library has increased interest in partnering to provide MH programming.
- H. Stephanie Bertels - Schools - No update.

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IX. Committee Member Comments

- X. **Next Meeting Date -Tuesday, March 7, 2023 at 7:00pm, Boardroom**
- XI. **Adjournment** - Gina moved to adjourn; Mary seconded. Passed by voice vote.
Adjourned at 7:49pm.

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