



Mental Health Board

Needs Assessment

Committee Minutes

Tuesday, March 14, 2023 8:00pm
Room 314

- I. Call to Order/Welcome** – Trustee Lauren Saternus called the meeting to order at 8:02pm.
- II. Roll Call** - Members present: Trustee Lauren Saternus, Bob Ogilvie, Kathy Reed, Gina Raza, MaryAnn Ogilvie. Others present: None
- III. Approval of Minutes** - NA
- IV. Public Comments** - None
- V. Reports** – None
- VI. Old Business** - None
- VII. New Business** –
 - A.** The resources for mental health data that Lauren sent in an email were discussed. Included are links for data from: Cook County Public Health, Amita Health, Northwest Community Hospital and County Health Rankings. Links for community needs assessment surveys from Bloomingdale Township and Dept. of Health and Human Services were also listed. In order to obtain mental health data and learn the needs of Schaumburg Township residents, the Committee agreed to divide up many local resources among the members. Each member will contact his/her assigned resource/s to request information that will assist the Committee in discovering these data and needs.
 - B.** Lauren will contact schools, from pre-K to college, both public and private. Two of Lauren’s contacts will be Anna Klimkowicz and Mary Kay Prusnik, Presidents of HS District 211 and Elementary District 54 School Boards, respectively. Harper College offers the Harper Promise Program to high school students, which requires community service hours. Bob asked Lauren to inquire if these students volunteer to work with children with developmental disabilities.
 - C.** Bob will contact the police and fire departments in Schaumburg Township, as well as Perakis, Resis and Woods, Associates, a large psychiatric practice in Schaumburg.
 - D.** Kathy will contact area hospitals – Amita in Hoffman Estates and Elk Grove Village, Northwest Community Hospital and Streamwood Behavioral Health.
 - E.** Gina will contact Give an Hour, Smart Recovery, Hoffman Estates Community-Based Outpatient Center and Mental Health America.
 - F.** MaryAnn will contact agencies that Schaumburg Township currently funds.
 - G.** Examples of questions to ask the appropriate agency/school/hospital, etc.:
 1. What is the average length of time someone is on your waitlist for psychiatric services; for counseling, for psychologist, for psychiatrist? What is the reason for the waitlist?
 2. How many people are currently on your waitlist?
 3. Do you offer suicide prevention programs? Who and how many people attend?



Mental Health Board Needs Assessment Committee Minutes

Tuesday, March 14, 2023 8:00pm
Room 314

4. Where do you refer clients whose insurance you do not accept or who have no insurance?
 5. What data about substance use disorders, mental health disorders and developmental disabilities do you collect? Are you willing to share with the MHB?
 6. In your opinion, what are the biggest barriers to these three groups receiving appropriate and timely services?
 7. What is the rate for overdoses that have resulted in deaths? For overdoses that did not result in deaths?
 8. What is the number of DUIs with which your agency was involved?
 9. There are many other possible questions to ask, based on the agency being interviewed. Questions targeting possible benchmark data would be useful.
- H. Gina mentioned that the MHB should consider offering telehealth services in the future in order to reach the hard-to-reach residents (e.g. homeless).
- I. Kathy suggested asking Kenneth Young Center about data surrounding domestic abuse, which could provide further data about mental illness and substance use disorders in their clients.
- J. Bob reported that Melissa Williams will meet with some MHB members to establish process for all MHB members to have township email addresses.

VIII. Committee Member Comments –

- A. Lauren will ask Melissa Williams if the MHB will have access to financial support prior to the levy money being available.
- B. Bob reported that the Senior and Disabilities Committees will likely combine in the fall of 2023. That Committee will continue to serve those with disabilities other than developmental.
- C. MaryAnn reported that the McHenry MHB had an app, called MCHelp, created that students can access 24/7 for psychological support.
- D. Members requested that a map of Schaumburg Township boundaries be made available. Some members agreed to search for one.
- E. Lauren will facilitate future Needs Assessment Committee meetings; MaryAnn will function as secretary.
- F. MaryAnn reported that she has registered for and will attend a Northern Illinois University webinar entitled, *Conducting a Community Needs Assessment* on April 4. She will bring back any pertinent information.

IX. **Next meeting** – April 12, 2023, 8:00pm; Room TBD

X. **Adjournment** – MaryAnn moved to adjourn the meeting, Gina seconded the motion. Meeting was adjourned at 8:17pm.