



Mental Health Board Needs Assessment Committee Minutes

*Tuesday, May 8, 2023 7:00pm
Boardroom*

- I. Call to Order/Welcome** – Trustee Lauren Saternus called the meeting to order at 7:00pm.
- II. Roll Call** - Members present: Bob Ogilvie, Kathy Reed, Trustee Lauren Saternus, Joanmarie Wermes, MaryAnn Ogilvie. Others present: William LaFontaine
- III. Approval of Minutes** – MaryAnn motioned to approve the minutes of 4/25/23. Kathy seconded the motion. Minutes were approved.
- IV. Public Comments** – Mr. LaFontaine introduced himself and stated that he works in governance.
- V. Old Business** –
 - A. Focus Group Discussion with BCG Learning Solutions**
 - i. Dr. Sean Bailey of BCG Learning Solutions** lead the discussion of what the goals are for conducting the focus groups; i.e. What is the number one question we want answered? Mentioned were: What services are currently being offered? What services are available but not being accessed? What are barriers to accessing services? Dr. Bailey described the manner in which he runs focus groups. He begins by encouraging the participants to be comfortable and to trust that their responses will remain anonymous to everyone except those analyzing the data. He begins with a broad question, such as ‘what does being mentally healthy mean to you?’. From there, the topics narrow until very specific actionable tasks can be identified. This approach is referred to as the Tunnel Technique. Mr. Antonio Mannings of BCG Learning Solutions concurred that finding common themes among agencies and discovering what the agencies are planning for the future are important points to obtain. Dr. Bailey stated that it is important to include people who have experienced trauma in a focus group/s. The Committee agreed. Bob and Lauren stated that the MHB wants to include prevention and education when considering funding projects. Dr. Bailey stated that it will be important to establish a control group, which could be providers of services who are also consumers of services. For the focus groups, BCG needs a comprehensive group of agencies of many perspectives, so as not to taint data. Dr. Bailey will compile proposed questions to ask the focus group participants and the methodology of participant selection and send these to Lauren, who will then distribute to the Committee. The MHB goal for completion of the needs assessment is the end of August, 2023. Participation incentive was discussed. It was agreed that agencies should not receive incentives, since they will have the opportunity to apply for funding and they will benefit simply by participating along with, and networking with, other agencies. Providing an incentive, such as a small gift card or lunch, to individuals participating in the focus groups will be considered. BCG highly encourages videotaping, or at least audiotaping, the groups, so that they can be reviewed, as needed.



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ii. Lauren reported that the school district administration prefers that the school focus group be conducted after the current school year has ended.

iii. Mr. Mannings will attend the June 6 Committee meeting via Zoom.

B. Outreach Updates

i. Kathy is in the process of communicating with Ascension Health.

ii. MaryAnn will give a presentation to the Schaumburg A.M. Rotary about the MHB on May 10.

C. Community Surveys

i. Committee members were encouraged to share survey marketing materials.

ii. Twenty surveys have been returned since Minds Matter on May 2.

iii. All were reminded that the surveys should only be distributed to Schaumburg Township residents.

VI. New Business – None

VII. Committee Member Comments – Joanmarie reported that she cannot attend the next meeting on May 23. Lauren suggested that Joanmarie email any ideas or suggestions to her prior to that meeting.

VIII. Next meeting – May 23, 2023, 7:00pm; Room TBD

IX. Adjournment – MaryAnn moved to adjourn the meeting; Kathy seconded the motion. Meeting was adjourned at 8:19pm.