



Mental Health Board Needs Assessment Committee Minutes

*Tuesday, May 23, 2023 7:00pm
Room 314*

- I. Call to Order/Welcome** – Trustee Lauren Saternus called the meeting to order at 7:00pm.
- II. Roll Call** - Members present: Kathy Reed, Trustee Lauren Saternus, Ken Haycock, MaryAnn Ogilvie. Others present: Elizabeth Crane, William LaFontaine
- III. Approval of Minutes** – MaryAnn moved to approve the minutes of 5/8/23. Kathy seconded the motion. Minutes were approved as written.
- IV. Public Comments** – Mr. LaFontaine asked Ms. Crane what she knows about the Mental Health Board (MHB). Ms. Crane said she is a psychotherapist. She is very interested in knowing how the MHB will help citizens.
- V. Old Business** –
 - A. Focus Group Discussion with BCG Learning Solutions**
 1. It was suggested that family members should be included in the focus groups.
 2. The focus group participant list has not yet been finalized.
 3. All agreed that prevention needs to be included in action steps.
 4. The Committee members identified that the survey questions are largely geared toward mental health. It is important to also create questions that relate to substance use disorder and developmental disabilities.
 5. How the control group will be set up was questioned. Is it possible to have a “practice” focus group in order to iron out any glitches and modify questions? Lauren will contact BCG Learning Solutions to ask about these concerns.
 - B. Outreach Updates**
 1. Ken attended a Hoffman Estates community meeting for the north end of Hoffman Estates which had approximately 25 residents in attendance.
 2. Valerie and Steve Gruenwald and MaryAnn will request survey responses at the Prairie Arts Festival on May 27. Kathy and husband Mike will do so on May 28.
 - C. Community Surveys**
 1. Lauren emailed the survey flyers to potential volunteers. She requested that all MHB members distribute the flyers in the community as much as possible. If one sees an opportunity to share the flyer/QR code, one is requested to do so.
 2. MaryAnn will receive help on managing a MHB Facebook page from Katy within the next few weeks.
 3. In the past two weeks, MaryAnn presented at the Schaumburg Rotary A.M. meeting and the Kenneth Young Council for Youth Positive Development townhall meeting. The Library Trustee, Carol Pye, will post the survey flyer at the library entrance. A few survey flyers were



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distributed at the NAMI Barrington presentation on Co-occurring Illnesses (Mental Illness and Substance Abuse). Of note, the Rotarians stated that none of them had heard of the new 988 mental health crisis line. Education about 988 should be included in the MHB action steps. MaryAnn reported that she was directed to contact the Schaumburg Rotary Noon group by the A.M. Rotarians to present at their meeting.

4. Committee members said it is very important that business cards be distributed to each member. A sign and tablecloth would make the MHB exhibitor table more visible at events. MaryAnn said she would follow up with Bob about the business cards.

VI. New Business – None

VII. Committee Member Comments – None

VIII. Next meeting – June 6, 2023, 8:00pm; Board Room

IX. Adjournment – MaryAnn moved to adjourn the meeting. Mr. LaFontaine interrupted by asking questions. Trustee Saternus said that his time to speak was earlier in the meeting and she would be happy to speak with him after the meeting was over. Mr. LaFontaine continued to speak argumentatively. Lauren repeated her statement. Ken seconded the motion. Meeting was adjourned at 7:42pm.