



ACCESS POINT[→]

NEWSLETTER

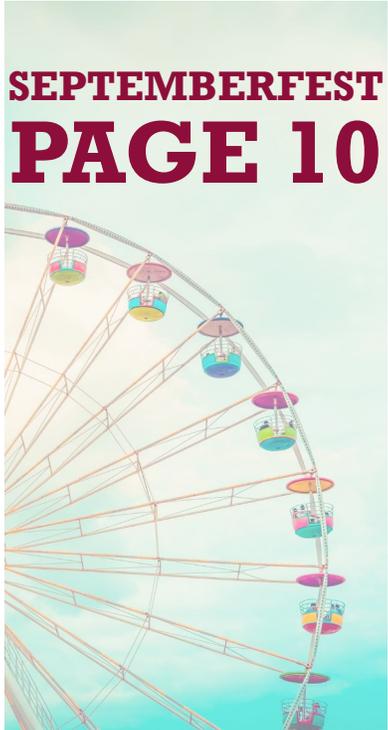
July-August 2023

UPDATED REGISTRATION PROCESS

You like us! You really like us! So much so, that programs are filling before many people receive this newsletter in their mailbox. In order to ensure registration opportunities are available to as many people as possible, we are making the following changes to the registration process:

- Registration will be limited to Township residents. An address will be required to verify residency.
- Residents will only be able to register members of their household for events.
- Registration will not open for programs until the first business day of the newsletter’s time period (i.e., July 3) and not all programs will be immediately open for registration.

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SUMMER CELEBRATION



Saturday, July 22 | 11am | \$10/family or \$3/individual

Registration Deadline: July 7

Disability & Senior Services invites individuals with disabilities and their families to our annual Summer Celebration. Join us for a classic summer picnic lunch, music, dancing, crafts, games and lots of fun. Advance registration and payment is required by calling 847-285-4541, using the registration page, or stopping in to Disability & Senior Services.

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RECREATION AND EDUCATION

Payment due at registration: cash, check, credit card

MUSIC NIGHT



Tuesday, July 11 | 6pm | \$10

Registration Deadline: July 10

The Starlight Lounge is back open! Join us for some fun and dancing with Keith and Friends Rock band. Event is BYOB and snacks will be available. Mark your calendars for the next Music Night on September 12!



LEMONT HISTORICAL TOUR



Wednesday, August 2 | Check-in: 8:45am | \$20

Registration Window: July 10–25

Join us for a walking tour, lunch and shopping in Lemont! We will visit the Historical Museum, tour the streets of downtown, have lunch and save some time for shopping. Participants should come ready to do a lot of walking, including some stairs. Price includes tour and transportation. Lunch is on your own.

THE 39 STEPS



Wednesday, July 26 | Check-in: 10:30 | \$105

Registration Window: July 3–19

Drury Lane

Mix a Hitchcock masterpiece with a dash of farce and you have The 39 Steps, a fast-paced whodunit for anyone who loves the magic of theatre. Packed with nonstop laughs and over 150 characters played by four actors, The 39 Steps is an unforgettable show filled with riotous performances and inventive stagecraft that is sure to delight. Cost includes lunch, show and transportation.



ILLINOIS RAILWAY MUSEUM



Wednesday, August 16 | Check-in: 9am | \$24

Registration Window: July 17–Aug. 9

Discover the Illinois Railway Museum with a docent, take a ride on a train, have lunch and explore the trains. Price includes docent tour, ride on the rails and transportation. Lunch will be at the museum diner on your own tab (between \$10 & \$20).

RECREATION AND EDUCATION

Payment due at registration: cash, check, credit card

SECRETARY OF STATE MOBILE UNIT



Friday, August 11 | 10-2pm

The Secretary of State mobile office will help patrons to renew, replace or correct driver's licenses and state ID cards; purchase vehicle registration renewal stickers for license plates, as well as Illinois State specialty license plates, passenger vehicle license plates, and B-truck plates; register vehicle titles; and receive parking placards for persons with disabilities. Proper identification is required. Visit the SOS website for fees based on services provided. Check or credit card only. No cash. No Real ID.

FOUR WINDS



Tuesday, September 26 | Check-in: 7:30am | \$48
Registration Window: Aug. 14–Sept. 12

Feeling lucky? Join us for some gambling fun! Enjoy bingo on the comfy coach bus, \$15 for slots, \$10 food voucher, and 4 hours of gambling.

SENTIMENTAL JOURNEY CONCERT



Wednesday, September 27 | Check-in: 12pm | \$40
Registration Window: Aug. 14–Sept. 6
Metropolis

Singer and cabaret artist Lisa Rock has graced stages all over the country most recently with her national touring band of 12 years, Close to You: The Music of the Carpenters. Now she celebrates the 60-year love affair of her grandparents through the music of the 1920s, '30s and '40s in her Cabaret show Sentimental Journey.



OKTOBERFEST



Wednesday, September 20 | Check-in:
9:15am | \$70
Registration Window: Aug. 14–Sept. 6
Jacob Henry Mansion

Join us for Oktoberfest at the Jacob Henry Mansion. Start with a self-guided tour for the Jacob Henry Mansion, German Style Lunch and show by Jimmy's Bavarians. Price includes tour, lunch & transportation.



RECREATION AND EDUCATION

Payment due at registration: cash, check, credit card

ART CONNECTIONS



Mondays | 2pm | \$10

This is not your typical arts and crafts class. Participants will be exposed to different genres of art, learning about their history, techniques and mediums used. Each month focuses on a different genre and participants will create art pieces based on their learning. Guidance is provided and no skill is required. This is a great opportunity to try something new and tap into your creativity.



ICE CREAM SOCIAL



Friday, August 18 | 2pm | \$3
Registration Window: July 31–Aug. 16

You scream, we scream, Seniors scream for ice cream! Join us in celebrating National Senior Day with ice cream and entertainment by Denise Armour.

EVENT ICON LEGEND



On-site
(1 Illinois Blvd,
Hoffman
Estates, IL)



Off-site
(Less than
20 miles)



Off-site
(Over 20
miles)



None



Wheelchair
& Walker
Accessible



Light



Medium



Strenuous



\$0.01-
\$20.00



\$20.01-
\$50.00



\$50.00+



Donation



Registration
Required



No Registration
Required

RECREATION AND EDUCATION

Payment due at registration: cash, check, credit card

TAI CHI



Tuesdays | 1pm | \$5

Tai Chi, sometimes called “shadowboxing,” is a Chinese martial art practiced for defense training, health benefits and meditation. It focuses on muscle control, stability, balance, and flexibility. Practiced regularly, it can also help reduce pain from knee osteoarthritis, back problems and fibromyalgia. No experience necessary; the movements are very gentle. Participants are encouraged to wear comfortable clothing and shoes. Cash payment at the door or Class Pass.



MEDITATION



3rd Friday | 10:15am | \$5

Mindfulness is a scientifically researched and proven method to manage stress and increase well-being. In this monthly 45 minute class, you will learn the foundational practices of mindfulness to calm and steady the mind. Suitable for all levels of experience. Camille will lead you through a different practice every month, starting with a gentle warm-up of the body, followed by an introduction and brief instruction leading into a guided meditation. Cash payment at the door or Class Pass.

CONTINUED FROM PAGE 1.

- Rather than seeing “Registration Deadline,” you may see “Registration Window” with a date range. For example: Registration Window: July 5–21. Registration will close early if the event fills and waitlists will be created if needed.

We hope these simple changes will allow more equitable opportunities for registration. If you have any questions, please call Becky Cordes, Director of Disability & Senior Services at 847-285-4542.

RECREATION AND EDUCATION

BREAKFAST SOCIAL



Did you know that socializing can lighten your mood and make you feel happier? Join us for breakfast! You may meet new friends and/or visit with old ones. Experience some great food while supporting local township restaurants.

Wildberry

July 25 | 8am | On Own
 Register By: July 18
 1383 N. Meacham Rd.

Sweet Orange

August 22 | 8am | On Own
 Register By: August 15
 933 S. Roselle Rd.



RECCURING PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fit for Life 9am \$5	Walking Group*^ 8:45am	Walking Group *+ 8:45am	Walking Group*^ 8:45am	Fit for Life 8:15am \$5
Caregiver Support Group 11am 3rd Monday	Zumba Gold 9:30am \$5	Health Presentation* 9am 1st Wed	Zoom Bingo 10am FREE (May Only)	Hatha Yoga 9:15am \$5
Chair Yoga 1pm \$5	Tai Chi 1pm \$5	Diabetes Support Group* 10:30am 2nd & 4th Wed.	In-Person Bingo 1pm \$1/card	Meditation 10:15am \$5 3rd Friday
Art Connections 2pm \$10		Bridges to Memory* 2pm 3rd Wed.		Chair Yoga 1pm \$5

*Please call Nurse Janet at 837-285-4551 with questions or to register.

^Held indoors at the Township. +Held outdoors at Volkening Lake.

JULY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9:30am Fit for Life</p> <p>1pm Chair Yoga</p> <p>2pm Art Connections</p>	<p>4</p> <p>Township Offices Closed</p>	<p>5</p> <p>8:45am Walking +</p> <p>10am Health Presentation—Hearing</p>	<p>6</p> <p>8:45am Walking ^</p> <p>1pm Live Bingo</p>	<p>7</p> <p>8:15am Fit for Life</p> <p>9am Knit & Crochet</p> <p>9:15am Hatha Yoga</p> <p>1pm Chair Yoga</p>
<p>10</p> <p>9:30am Fit for Life</p> <p>1pm Chair Yoga</p> <p>2pm Art Connections</p>	<p>11</p> <p>8:45am Walking ^</p> <p>9:30am Zumba Gold</p> <p>10am Diabetes Ed.</p> <p>1pm Tai Chi</p> <p>6pm Music Night</p>	<p>12</p> <p>8:45am Walking +</p> <p>10:30am Diabetes Support Group</p>	<p>13</p> <p>8:45am Walking ^</p> <p>1pm Live Bingo</p>	<p>14</p> <p>8:15am Fit for Life</p> <p>9am Knit & Crochet</p> <p>9:15am Hatha Yoga</p> <p>1pm Chair Yoga</p>
<p>17</p> <p>9:30am Fit for Life</p> <p>11am Caregiver Support Group</p> <p>1pm Chair Yoga</p> <p>2pm Art Connections</p>	<p>18</p> <p>8:45am Walking ^</p> <p>9:30am Zumba Gold</p> <p>1pm Tai Chi</p> <p>2:30pm Book Club</p>	<p>19</p> <p>8:45am Walking +</p> <p>2pm Bridges to Memory</p>	<p>20</p> <p>8:45am Walking ^</p> <p>1pm Live Bingo</p>	<p>21</p> <p>8:15am Fit for Life</p> <p>9am Knit & Crochet</p> <p>9:15am Hatha Yoga</p> <p>10:15am Meditation</p> <p>1pm Chair Yoga</p>
<p>24</p> <p>9:30am Fit for Life</p> <p>1pm Chair Yoga</p> <p>2pm Art Connections</p>	<p>25</p> <p>8am Breakfast Social</p> <p>8:45am Walking ^</p> <p>9:30am Zumba Gold</p> <p>1pm Tai Chi</p>	<p>26</p> <p>8:45am Walking +</p> <p>10:30am 39 Steps</p> <p>10:30am Diabetes Support Group</p>	<p>27</p> <p>8:45am Walking ^</p> <p>1pm Live Bingo</p>	<p>28</p> <p>8:15am Fit for Life</p> <p>9am Knit & Crochet</p> <p>9:15am Hatha Yoga</p> <p>1pm Chair Yoga</p>
<p>31</p> <p>9:30am Fit for Life</p> <p>1pm Chair Yoga</p> <p>2pm Art Connections</p>			<p>^ - Walking Group held at Township</p> <p>+ - Walking Group held at Volkening Lake</p>	<p>Zoom Info: Meeting ID: 471 587 2835</p> <p>Please call 847-285-4541 for the passcode.</p>

AUGUST 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
^ - Walking Group held at Township + - Walking Group held at Volkening Lake	1 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi	2 8:45am Lemont Trip 8:45am Walking + 10am Health Presentation-Hydration	3 8:45am Walking ^ 1pm Live Bingo	4 8:15am Fit for Life 9am Knit & Crochet 9:15am Hatha Yoga 1pm Chair Yoga
7 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	8 8:45am Walking ^ 9:30am Zumba Gold 10am Diabetes Ed. 1pm Tai Chi	9 8:45am Walking + 10:30am Diabetes Support Group 6:30pm New to Medicare & Working	10 8:45am Walking ^ 1pm Live Bingo	11 8:15am Fit for Life 9am Knit & Crochet 9:15am Hatha Yoga 10am IL SOS Mobile Unit 1pm Chair Yoga
14 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	15 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi 2:30pm Book Club	16 8:45am Walking + 9am IL Railway Museum 2pm Bridges to Memory	17 8:45am Walking ^ 1pm Live Bingo	18 8:15am Fit for Life 9am Knit & Crochet 9:15am Hatha Yoga 10:15am Meditation 1pm Chair Yoga 2pm Ice Cream Social
21 9:30am Fit for Life 11am Caregiver Support Group 1pm Chair Yoga 2pm Art Connections	22 8am Breakfast Social 8:45am Walking ^ 9:30am Zumba Gold 11am Medicare Basics 1pm Tai Chi	23 8:45am Walking + 10am Low Vision Products Road Show 10:30am Diabetes Support Group	24 8:45am Walking ^ 1pm Live Bingo	25 8:15am Fit for Life 9am Knit & Crochet 9:15am Hatha Yoga 1pm Chair Yoga
28 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	29 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi	30 8:45am Walking + 11am Cooking Class	31 8:45am Walking ^ 1pm Live Bingo	Zoom Info: Meeting ID: 471 587 2835 Please call 847-285-4541 for the passcode.

PROGRAM REGISTRATION



FREE RIDES FOR INDIVIDUALS WITH DISABILITIES

VILLAGE OF SCHAUMBURG'S SEPTEMBERFEST

September 2 | 9-11am

Join the Township of Schaumburg Disability & Senior Services Department for the annual Septemberfest Free Rides Program for persons with disabilities and their immediate families and caregivers on Saturday, September 2 from 9-11am on the Septemberfest Carnival Grounds.

Registration will be open July 17 - August 31 or until filled and is required by calling 847-285-4541 or emailing disabilityservices@schtown.org. Registration is required for patrons and must include the disabled person's name and address along with how many persons will be attending. This event is limited to the first 500 guests and will fill quickly, so please register early.

Please note:

- The person with the disability must reside in the Village of Schaumburg or the Township of Schaumburg.
- All persons with disabilities must have an able-bodied adult to accompany them on the rides. No exceptions.
- NOT ALL RIDES WILL BE OPEN! The carnival operator is a separate entity and has sole discretion on which rides will be open.

The event is dependent on weather and may be cancelled or delayed. The event will not be rescheduled if cancelled. This program is not open to the public. Free Rides is hosted by the Village of Schaumburg, sponsored by Fantasy Amusement Company, Inc. and coordinated by the Township of Schaumburg Disability & Senior Services Department. Any questions or concerns, please contact Township of Schaumburg Disability & Senior Services at 847-285-4541.



VILLAGE OF SCHAUMBURG



TOWNSHIP SERVICES

COMMUNITY HEALTH NURSE

Community Health Nurse Janet Stachula offers a variety of educational, wellness, and low-cost services to Township residents. Low-cost services require appointments. Cash only. They include:

A1C Testing | \$12

Bone Density Screening | FREE

Memory Loss Screening | FREE

Blood Pressure Screening | FREE

Cholesterol Screening | \$10

Review additional services below and contact Nurse Janet at 847-285-4551 with any questions or to schedule an appointment.

ALL ABOUT HEALTH

First Wednesday | FREE | 10am

Formerly known as Coffee & Conversation, All About Health presentations provide information on various health topics each month.

July 5– Hearing & Hearing Loss

August 2–Dehydration & The Benefits of Water

WALKING GROUP

Tuesday, Wednesday, Thursday | FREE | 8:45am

Township Building–Tuesday and Thursday

Volkening Lake–Wednesday

Tuesdays and Thursdays include a 45 minute high intensity, 3 mile walk. Wednesdays at Volkening Lake are at your own pace either on your own or with a friend.

COOKING CLASS

Wednesday, August 30 | FREE | 11am

Join Nurse Janet as she walks you through preparing a delicious summer meal of chicken with peach-avocado salsa and a summer salad. Registration preferred.



TOWNSHIP SERVICES

TRANSPORTATION

The Township Transportation Department provides rides to seniors and adults with disabilities within the Township. One time registration is required. To register or schedule a ride call 847-882-1929.



FOOD PANTRY DONATIONS

The Food Pantry is in need of the following items:

- Snacks for kids home from school
- Pancake mix
- Syrup
- Boxed pasta
- Juice boxes
- Cereal

Are you planting a garden? Consider adding an extra row to donate to the Pantry! Fresh produce is always needed. Donations can be dropped off Monday-Friday 8:30-5pm.

Stores	Day(s)	Area Served
Walmart & Target	Mondays & Fridays	Whole Township
Jewel, Mariano's & Aldi	Tuesday, Wednesday, Thursday & Friday	Based on resident's location in the Township
Valli	Tuesday	Whole Township
Tony's	Fridays	Whole Township

PACK THE BUS

Support District 54 students in-need with our annual school supply drive! There are three ways to donate:

1. Drop off or ship new school supplies to the Township (One Illinois Blvd., Hoffman Estates) or Commissioner Kevin Morrison's Office (1325 Wiley Rd., Suite 141, Schaumburg) now-August 4. Order from our wishlist for easy shopping: bit.ly/3VU7yG5.
2. Bring donations to our Pack the Bus event at the West Schaumburg Target (2621 Schaumburg Rd., Schaumburg) on August 5 from 9-3 pm.
3. Consider monetary donations via our website (schaumburgtownship.org) or via check (made to "Schaumburg Township" with "Pack the Bus" in the memo section) brought to the Township. Monetary donations help District 54 purchase items not received.

TOWNSHIP SERVICES



RABIES VACCINE AND MICROCHIP CLINIC

The Township will host a free Rabies Vaccine and Microchip Clinic on September 9 from 10-1 pm or until vaccines run out at One Illinois Blvd, Hoffman Estates. Owners must be Cook County residents and present a valid driver's license or state ID. Pets must be at least three months old and will be seen on a first-come-first-served basis. Owners will be given a vaccine certificate and can order a rabies tag post event here: cookcountyil.gov/service/rabies-vaccination-tags. For more information about the clinic please contact the Clerk's Office at 847-285-4561.

MENTAL HEALTH BOARD SURVEY

Residents of Schaumburg Township, the newly appointed Mental Health Board (MHB) needs your help! In the November 2022 election, voters approved a referendum that allocates tax dollars to help improve and expand services for those with substance use disorders, mental illness and intellectual/developmental disabilities.

Before spending tax dollars, the MHB is conducting a community needs assessment. Scan the QR code below to let your voice be heard. The anonymous survey will only take a few minutes. To inquire more, please email info@tosmhb.org.

MEDICARE PRESENTATIONS

Are you approaching 65 and feel overwhelmed by the thought of enrolling in Medicare? Disability & Senior Services will be hosting two presentations at the Township building to help answer your questions.

New to Medicare & Working
Wednesday, August 9 | 6:30pm

Requirements for enrolling in Medicare are different if you're working and have insurance through your employer. Join us to find out everything you need to know so you avoid penalties later.

Medicare Basics
Tuesday, August 22 | 11am

Learn general information about the different parts of Medicare, how enrollment works, and assistance available for individuals with low-income.

ENGLISH



ESPAÑOL



SOCIAL SERVICES



SNAP & MEDICAL REDETERMINATIONS

Are you currently receiving SNAP and/or Medical benefits through DHS? This is a reminder to check the mail regularly for your redetermination application. It is important to complete your redetermination by the due dates provided on the letter, to update your information and determine continuous eligibility for SNAP and Medical benefits. Disability and Senior Services staff can assist with redetermination applications. For more information, or to schedule an appointment, please call 847-285-4541.



AGING BETTER EXPO

Friday, August 9 | 8:30-3:30pm | FREE
Stonegate Banquet & Conference Center

Join Disability & Senior Services at Elderwerks' 9th Annual Aging Better Senior Expo. Learn the latest information on how to age well in your home, stay healthy, and live life to its fullest. Come visit us at booth 412!

MEDICARE SAVINGS PROGRAM

Do you have Medicare? The Medicare Savings Program can pay your Medicare costs if you qualify! Medicare Savings Programs are state programs that assist Medicare beneficiaries with limited incomes and assets pay for Medicare Part A and B premiums and/or cost sharing amounts.

You may qualify for a Medicare Savings Programs if:

- You are a single person with a monthly income below \$1,665 and assets below \$9,090.
- You are a married couple with a monthly income below \$2,244 and assets below \$15,160

Disability and Senior Services staff are certified SHIP Counselors that can help determine your eligibility and assist with applying. For more information, or to schedule an appointment, please call (847) 285-4541.

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DISABILITY SERVICES NEWS

ILLINOIS TELECOMMUNICATIONS ACCESS CORPORATION (ITAC)

Schaumburg Township Disability & Senior Services is a selection center for ITAC's free amplified phone program. This program provides a free phone to qualified Illinois residents with a certified hearing loss. Qualified residents may come to Disability & Senior Services to do a live test call on each of the available phones to choose the one that best meets their needs. There are no age or income requirements. Residents need standard telephone service, a picture ID and a doctor or licensed audiologist's signature on the application. Call 847-285-4541 for more information, to get an application and schedule a testing appointment.



DISABILITY RESOURCE FESTIVAL

Saturday, September 16 | 10am

Save the date! The 3rd Annual Disability Resource Festival is returning in September! Check out the September/October Access Point for more information. Vendors interested in having a booth can contact Becky Cordes at 847-285-4542.



FIRST FRIDAYS

The Village of Hoffman Estates' Commission for People with Disabilities invites individuals with disabilities who are 14 and older to their First Friday events. Activities vary each month and are held at Village Hall beginning at 6:30pm. Call 847-781-2606 for more information.

AGENCY SPOTLIGHT: CLEARBROOK

Clearbrook empowers adults and children with intellectual/developmental disabilities to live their fullest lives possible. With a staff of 900+ and more than 80 locations across Chicagoland, Clearbrook is proud that 89 percent of every dollar raised goes directly into their programs and services. Check out clearbrook.org for information on programs & services, volunteer opportunities, and careers available in our area. Schaumburg Township is a proud supporter of the services Clearbrook provides Township residents.



Township of Schaumburg
1 Illinois Boulevard
Hoffman Estates, IL 60169
Phone: 847-285-4541
www.schaumburgtownship.org

 @SchaumburgTownship
 @SchaumburgTwp
 @TOSDeafServices

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The Chicago Lighthouse



THE CHICAGO LIGHTHOUSE LOW VISION PRODUCTS ROAD SHOW

Wednesday, August 23 | 10am | FREE

The Chicago Lighthouse will be hosting an open house format Road Show at Schaumburg Township with a variety of low vision products for visitors to test and receive training on. Products available to explore include talking clocks and watches, sunglasses of all types, technology devices and more. This Road Show is open to the public and free to attend.

The Chicago Lighthouse is a world-renowned social service organization serving the blind, visually impaired, disabled and Veteran communities with comprehensive vision care and support services.

TOWNSHIP ELECTED OFFICIALS



SUPERVISOR
Timothy M.
Heneghan



TRUSTEE
Robert N. Fiorio



TRUSTEE
Demetrius J.
Gibson



TRUSTEE
Lauren Saternus



TRUSTEE
Matthew J.
Steward



CLERK
W. Robert
Vinnedge



ASSESSOR
John R. Lawson, CIAO



HIGHWAY
COMMISSIONER
Scott M. Kegaris