



# Mental Health Board Needs Assessment Committee Minutes

*Tuesday, June 6, 2023 8:00pm  
Board Room*

- I. Call to Order/Welcome** – Trustee Lauren Saternus called the meeting to order at 8:14pm. Pledge of Allegiance was recited.
- II. Roll Call - Members present:** Kathy Reed, Trustee Lauren Saternus, Ken Haycock, MaryAnn Ogilvie, Gina Raza, Joanmarie Wermes, Bob Ogilvie.  
**Others present:** Laura Nash, Connie Arkus, Micki Coppel, Carleen Emde
- III. Approval of Minutes** – MaryAnn moved to approve the minutes of 5/23/23. Kathy seconded the motion. Minutes were approved as written.
- IV. Public Comments** – None
- V. Old Business** –
  - A. Focus Group Discussion with BCG Learning Solutions
    1. Antonio Mannings will lead the focus groups. He is a military veteran, project manager and professor at Roosevelt University. Mr. Mannings and Dr. Sean Bailey discussed with the Committee next steps in conducting the focus groups. Dr. Bailey suggested that having 6-10 focus group participants for each group will provide the most productive results. The types of professionals and consumer characteristics must be balanced. Members agreed that consumers and professionals should be grouped separately. BCG stated that it takes 3-4 weeks after the completion of the focus groups for BCG to have a preliminary report written. MHB wants the focus groups to be completed by mid-July in order to timely take next action steps. Dr. Bailey stated the order of activities for the focus group task is to choose the target audience, identify outreach channels, reach out to the target audience, create the screening tool for potential focus group participants, conduct a pilot focus group and conduct the official focus groups. Bob said that inclusion of the intellectual/developmental disability (I/DD) population must be insured. It was agreed that there are pros and cons for conducting the focus groups in-person and virtually. Virtual allows more flexibility. In-person might help people feel more comfortable so they might be willing to share more candid information. Due to deadline constraints, many or all groups might need to be conducted virtually. Preference for virtual or in-person will be put in the screening tool. It is important to include caregivers for the I/DD population vs. the consumers themselves since the caregivers carry most of the burden in finding services. A group for caregivers of those with



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substance use disorders and mental illness is not suggested. It was suggested that faith-based organizations be included in focus groups because they often have mental health professionals in the organizations. Lauren stated that the deadline for conducting the last focus group needs to be July 21, or possibly July 28. This will allow time for BCG to write their report to be delivered by August 31, in preparation for the Sept. 5 MHB meeting. BCG will send a draft of the screening tool to the Committee for comment. A goal for the focus group initiative is needed. MaryAnn suggested using part of the verbiage of the Hanover Township mission statement. The Committee agreed. Lauren will tweak the wording and send to the Committee and BCG.

## B. Outreach Updates

1. The MHB will have a presence at two Farmer's Markets. Lauren mentioned that a Juneteenth celebration will occur on June 17, from 1:00pm-3:00pm near the library. Northwest Suburban Peace Affiliation is allowing the MHB to share their table. Lauren will help from 1:00-1:30. MaryAnn will help from 2:00-3:00.

## C. Community Surveys

1. Lauren again asked members to get out into the community and widely spread the survey so many responses are received.
2. MaryAnn will email the survey to Minds Matter attendees.

**VI. New Business** – None

**VII. Committee Member Comments** – None

**VIII. Next meeting** – July 11, 2023, 8:00pm; Room TBD

**IX. Adjournment** – Joanmarie moved to adjourn the meeting. Gina seconded the motion. Meeting was adjourned at 9:25pm.