



# Mental Health Board Needs Assessment Committee Minutes

*Tuesday, July 11, 2023 8:00pm  
Board Room*

- I. Call to Order/Welcome** – Trustee Lauren Saternus called the meeting to order at 8:00pm.
- II. Roll Call** - Members present: Kathy Reed, Trustee Lauren Saternus, Ken Haycock, MaryAnn Ogilvie, Gina Raza, Joanmarie Wermes, Bob Ogilvie.  
Others present: Laura Nash, Brendan Gates, Cathy Cimo, Kalindi Patel
- III. Approval of Minutes** – MaryAnn moved to approve the minutes of 6/6/23. Gina seconded the motion. Minutes were approved as written.
- IV. Public Comments** – None
- V. Old Business** –
  - A. Community Surveys
    1. Lauren reported that more survey responses are needed from young adults and people of various ethnicities. She asked for ideas to accomplish this. The following suggestions were made: include survey in parent portals of high school students; drop surveys off at physician offices (Laura Nash offered to do this.); reach out to churches (Kathy will contact United Methodist Church. Lauren will contact the Sikh Temple. MaryAnn will contact Church of the Holy Spirit. Bob will distribute to churches and Boys and Girls Club of Elgin.). Deadline for responses is July 31. Lauren will ask Katy Trent to make more survey flyer copies. Lauren will advise when they are ready for pickup by members who want them for distribution. Gina suggested that future endeavors to collect residents' opinions include an incentive for respondents.
  - B. Outreach Updates
    1. Lauren reported that needs assessment surveys were made available at Farmer's Markets, Juneteenth event and the library. MaryAnn sent the survey to past Minds Matter attendees and other individuals (total of 78), 9 medical professionals' offices, 12 agencies and 8 villages/government agencies. Villages of Schaumburg and Hoffman Estates have stated that the survey will be included in some of their communications to residents.
- VI. New Business** –
  - A. Age Options and Mental Health America reports
    1. Lauren summarized two reports that she had sent to MHB members. The Age Options Report: Mental health is a concern for the elderly. They need more social options. Bob and Kathy added that transportation is also a need in order for the elderly to participate in social outings. Bob stated that



# Mental Health Board Needs Assessment Committee Minutes

*Tuesday, July 11, 2023 8:00pm*

*Board Room*

he heard from the Kenneth Young Center (KYC) that Uber will begin to charge Medicaid for rides for seniors and those with disabilities. Gina suggested that the MHB put together an estimate of what a well-run transportation program would cost the Township. This information would be helpful in a report to support enhancing the current program. The Mental Health America for Cook County report (self-reported and de-identified respondents, 2020-2022): Areas were defined by zip code and include all of Cook County. The top 20 zip codes for mental illness concerns were reported. The most people with moderate to severe depression – Schaumburg is 16<sup>th</sup> on the list; Elk Grove Village is #6; Hoffman Estates is #17. The most people with frequent suicidal ideation by age: Under 18 – Schaumburg is not on the list; Elk Grove Village is #2. Ages 18-24 – Schaumburg is #20; Hoffman Estates is #10; Elk Grove Village is #18. Ages 25+ - Schaumburg is #16; Elk Grove Village is #5; Rolling Meadows is #9.

#### B. Needs Assessment Report Plan and Format

1. When the needs assessment data has been analyzed and finalized, a report needs to be submitted to the Board of Trustees. The plan must include a framework for the assessment, answering the question of why the assessment was done and what is hoped to be accomplished by the funds that will be granted (top 3-4 goals). A 1-year and 3-year plan also must be included in the Report.

#### C. Survey

1. Having a link to the focus group screening tool at the end of the needs assessment would be helpful to encourage more participants. More consumers are needed for focus groups.
2. Daryl Pass at KYC has offered to assist in survey distribution to his clients in the substance use disorder program.
3. MaryAnn will ask if the Village of Hoffman Estates can send the survey link to their clients and participants of their adults with disabilities social events.

#### D. Agency Tours

1. Lauren asked if members would be interested in touring other agencies in the near future. Members agreed to postpone tours until after the Needs Assessment project is completed.

## VII. Committee Member Comments – Joanmarie asked if the Needs Assessment Committee



# **Mental Health Board Needs Assessment Committee Minutes**

*Tuesday, July 11, 2023 8:00pm*

*Board Room*

meetings can be moved up to 7:45 instead of 8:00. Bob stated that it is necessary to have the entire hour available for the MHB meeting which begins at 7:00. The Needs Assessment Committee meetings will remain at 8:00pm.

**VIII. Next meeting** – August 1, 2023, 8:00pm; Board room

**IX. Adjournment** – Joanmarie moved to adjourn the meeting. Gina seconded the motion. Meeting was adjourned at 8:42pm.