



DINNER WITH SANTA FOR INDIVIDUALS WITH DISABILITIES



Wednesday, December 13 | 5:30pm | FREE
 Registration Window: November 13-December 4

Santa is requesting your presence for dinner, a magic show and balloon art! Santa will be here to take pictures and hear what you would like for Christmas. This event is open to individuals with disabilities and their families. Registration is required by calling Disability & Senior Services at 847-285-4541.



HOLIDAY ADOPTION PROGRAM



Donor Drop Off: Monday, December 11 | 9:30am–7pm
 Recipient Pick Up: Tuesday, December 12 | 10:30am–7pm
 Donors are still needed! Please contact Becky Cordes at bcordes@schtwn.org if you are interested in adopting a client or family in need. Donors should wrap presents and make sure the client number is easily visible on all packages.
 Clients who submitted wish lists will be called in mid-November to notify them if they were adopted. Gifts must be picked up on December 12 either by the client or a predetermined proxy.

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RECREATION AND EDUCATION

Register in-person or by calling 847-285-4541. Payment due at registration: cash, check, credit card.



BEAUTIFUL, CAROLE KING MUSICAL



Wednesday, November 22 | 10am | \$87

Registration Window: November 1-21

Beautiful is a musical that tells the true story of Carole King's rise to fame as a singer-songwriter, following her career and personal life. The musical features songs by King, Goffin, Weil and Mann, as well as other pop hits of the era. Price includes ticket, lunch & transportation. Registration is required.

CHRISTMAS ON THE FARM



Wednesday, December 13 | 10:15am | \$58

Registration Window: November 1–
December 6

Denny Diamond Christmas on the Farm is a holiday variety show featuring songs from Neil Diamond, Elvis Presley, Tom Jones, Barry Manilow and many others. This exciting show will include a farmhouse lunch. Registration is required. Price includes show, lunch and transportation. Registration is required.



RECREATION AND EDUCATION

Register in-person or by calling 847-285-4541. Payment due at registration: cash, check, credit card.

WINTER GREENERY MAKE AND TAKE



Wednesday, December 6 | 1pm | \$25

Registration Window: November 1–28

Join Kathy from Kaleidoscope of Floral Design and create an exquisite winter greenery floral display. Registrants should bring gardening gloves and clippers. All other materials will be provided. Registration is required.



INTERNATIONAL HOLIDAY TREE



Wednesday, November 29 | 8:15am | \$45

Registration Window: November 6-22

Take a trip to the Museum of Science and Industry to tour the International Holiday Tree Exhibit. We'll eat lunch as a group and there will be time to see other exhibits. Price includes entrance fee, lunch and transportation. Registration is required.



DISABILITY & SENIOR SERVICES COMMITTEE

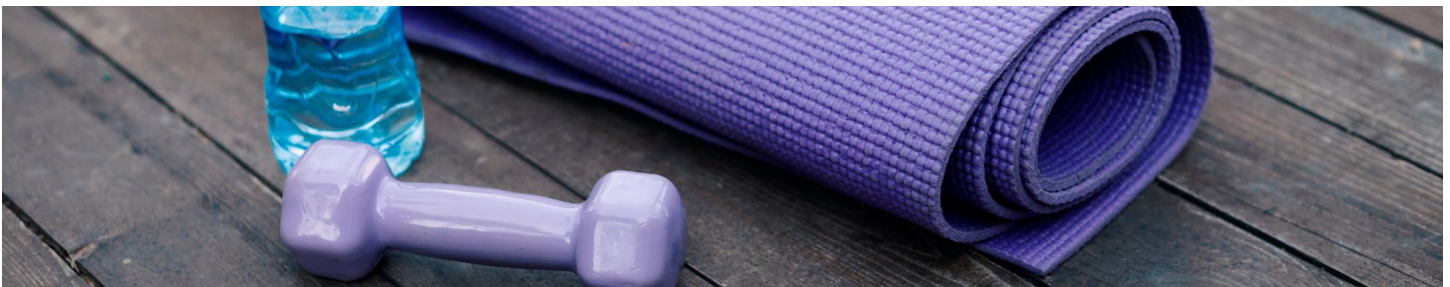
In September, the Board of Trustees passed an ordinance creating the Disability & Senior Services Committee (DSSC). This ordinance also dissolved both the Committee for Persons with Disabilities and the Senior Citizens Services Committee. Applications for the DSSC are currently being accepted. To find out eligibility requirements and submit an application, please contact Becky Cordes, Director of Disability & Senior Services at bcordes@schtwn.org.

RECREATION AND EDUCATION

Register in-person or by calling 847-285-4541. Payment due at registration: cash, check, credit card.

HEALTH AND WELLNESS CLASSES

Disability & Senior Services offers a multitude of classes to help you maintain your health. Each class is only \$5 and is eligible for using the Class Pass. No previous experience is needed. Come check out a class soon! Need a Class Pass? Stop in to Disability & Senior Services to purchase. Pay for 9 classes, get one free!



CHAIR YOGA



Mondays & Fridays | 1pm

Yoga is a great way to increase your flexibility and strength while at the same time reducing stress. All from the comfort of a chair! Join Camille for a relaxing class. Participants should wear comfortable clothes and shoes.

GENTLE YOGA



Fridays | 9:30am

This all-level class delivers fundamental poses that build strength, balance and flexibility. Participants are encouraged to adapt the poses to meet their individual needs. Students progress from basic to more advanced variations as they gain experiences. Wear comfortable clothes and bring a mat.

ZUMBA GOLD



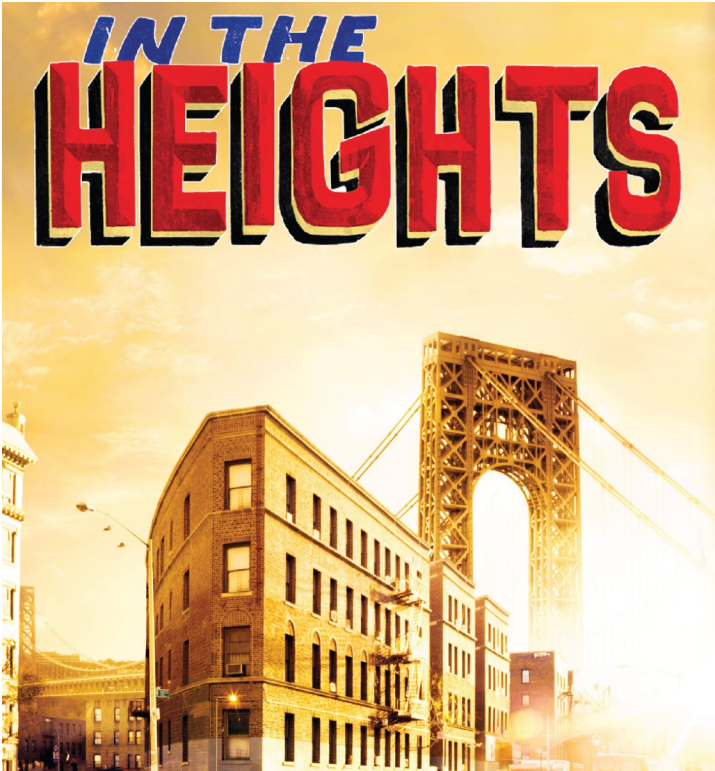
Tuesdays | 9:30am

This class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Josi provides an upbeat class where you're guaranteed to have fun. Wear comfortable clothes and shoes. Bring a water bottle.



RECREATION AND EDUCATION

Register in-person or by calling 847-285-4541. Payment due at registration: cash, check, credit card.



IN THE HEIGHTS



Wednesday, February 7 | 10am | \$95

Registration Window: December 15–January 5

Marriott Lincolnshire

In the Heights tells the story of the corner bodega where the coffee is hot, and filled with cream and sugar. The community is on the edge of change and the struggle to decide which tradition should be left behind and which ones should be taken with you. Fee includes lunch, show and transportation. Registration is required.

FEED MY STARVING CHILDREN



Wednesday, January 17 | 8:30am | FREE

Registration Window: December 1-January 2

Join us as we give back and volunteer at Feed My Starving Children. We will be packing rice, soy, dried vegetables and a blend of vitamins and minerals. Participants should be prepared to stand for a couple hours while working. Limited jobs with chairs may be available. After a little hard work, we will head to Egg Harbor Café for lunch. Lunch will be on your own. Registration is required.



RECREATION AND EDUCATION

Register in-person or by calling 847-285-4541. Payment due at registration: cash, check, credit card.

ALZHEIMER'S AWARENESS MONTH

Alzheimer's Disease (AD) is a form of dementia that impacts memory, thinking and behavior and is ranked as the sixth leading cause of death in the United States. Alzheimer's is the most common form of dementia in 60-80% of all cases and affects over 5 million U.S. citizens.

National Alzheimer's Awareness Month in November provides an opportunity to remember loved ones, observe and learn more about AD.

Visit alz.org for more information about AD and discover resources for caregivers.



CAREGIVER SUPPORT GROUP

2nd Tuesday | 11am | FREE

The Township of Schaumburg is proud to support family caregivers of individuals with Alzheimer's Disease and other dementias with Caregiver Support Group. This group provides a space for family caregivers to seek and provide support with others in similar situations. No registration necessary.



NATIONAL FAMILY CAREGIVERS MONTH

November is National Family Caregivers Month where family caregivers are recognized and honored. The theme this year is #CaregiversConnect and highlights the importance of connections. #CaregiversConnect in the waiting room of a loved one's doctor's office while sharing experiences with another caregiver, during a phone call with a grandparent living with a chronic disease or by sharing experiences with a coworker caring for a child with a rare disease.

When #CaregiversConnect it can help you feel less isolated. You are not alone. Check out caregiveraction.org/caregiversconnect for more information.

RECREATION AND EDUCATION

Register in-person or by calling 847-285-4541. Payment due at registration: cash, check, credit card.

BINGO! BINGO! BINGO!

Do you love having a good time? How about winning prizes? Both can happen if you join us for Bingo! With two options to play this timeless game, there's no reason to miss out!

ZOOM BINGO



Thursdays | 10am | FREE | Online

Join your friends online for some FREE bingo! Advance, one-time registration is required to get your bingo cards. Winners receive a gift card.



IN-PERSON BINGO



Thursdays | Doors Open: 12pm | \$1/card

In-person Bingo is a great opportunity to have some fun with friends and get a chance to win cash! Come at noon to reserve your seats and play games with your friends while you wait for the real fun to begin. Cards are \$1 each with discounts given for 6, 7, or 8 cards. Maximum of 8 cards per person. Card fees are used as cash prizes for winners. Registration is required.

EVENT ICON LEGEND



On-site
(1 Illinois Blvd,
Hoffman
Estates, IL)



Off-site
(Less than
20 miles)



Off-site
(Over 20
miles)



None



Wheelchair
& Walker
Accessible



Light



Medium



Strenuous



\$0.01-
\$20.00



\$20.01-
\$50.00



\$50.00+



Donation



Registration
Required



No Registration
Required

RECREATION AND EDUCATION

Register in-person or by calling 847-285-4541. Payment due at registration: cash, check, credit card.

BREAKFAST SOCIAL



Did you know that socializing can lighten your mood and make you feel happier? Join us for breakfast! You may meet new friends and/or visit with old ones. Experience some great food while supporting local township restaurants.

SCHAUMBURG PUBLIC HOUSE

Tuesday, November 22

Register by: November 15

1551 N. Thoreau Drive,
Schaumburg

There is no Breakfast Social in December. See you in the new year!



RECCURING PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fit for Life 9:30am \$5	Walking Group*^ 8:45am	Walking Group *+ 8:45am	Walking Group*^ 8:45am	Fit for Life 8:15am \$5
Caregiver Support Group 11am 2nd Monday	Zumba Gold 9:30am \$5	All About Health* 9am 1st Wed	Zoom Bingo 10am FREE (Starting Sept. 14)	Knit & Crochet 9am FREE
Chair Yoga 1pm \$5	Tai Chi 1pm \$5	Diabetes Support Group* 10:30am 2nd & 4th Wed.	In-Person Bingo 1pm \$1/card	Gentle Yoga 9:30am \$5
Art Connections 2pm \$10		Bridges to Memory* 2pm 3rd Wed.		Meditation 10:30am \$5 3rd Friday
				Chair Yoga 1pm \$5

*Please call Nurse Janet at 837-285-4551 with questions or to register.

^Held indoors at the Township. +Held outdoors at Volkening Lake.

NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Zoom Info: Meeting ID: 471 587 2835 Please call 847-285-4541 for the passcode.	^ - Walking Group held at Township + - Walking Group held at Volkening Lake	1 8:45am Walking + 10am All About Health–What is Cortisol?	2 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	3 8:15am Fit for Life 9am Knit & Crochet 9:30am Gentle Yoga 1pm Chair Yoga
6 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	7 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi	8 8:45am Walking + 10:30am Diabetes Support Group 6pm Property After Death	9 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	10 8:15am Fit for Life 9am Knit & Crochet 9:30am Gentle Yoga 1pm Chair Yoga
13 9:30am Fit for Life 11am Caregiver Support Group 1pm Chair Yoga 2pm Art Connections	14 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi 2:30pm Book Club	15 8:45am Walking + 2pm Bridges to Memory	16 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	17 8:15am Fit for Life 9am Knit & Crochet 9:30am Gentle Yoga 10:30am Meditation 1pm Chair Yoga
20 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	21 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi	22 8:45am Walking + 10am Beautiful 10:30am Diabetes Support Group	23 Township Closed	24 Township Closed
27 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	28 8am Breakfast Social 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi	29 8:15am International Holiday Trees 8:45am Walking +	30 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	

DECEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
^ - Walking Group held at Township + - Walking Group held at Volkening Lake	Zoom Info: Meeting ID: 471 587 2835 Please call 847-285-4541 for the passcode.			1 8:15am Fit for Life 9am Knit & Crochet 9:30am Gentle Yoga 1pm Chair Yoga
4 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	5 8:45am Walking^ 9:30am Zumba Gold 1pm Tai Chi	6 8:45am Walking + 10am All About Health- Holiday Stress 1pm Make & Take	7 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	8 8:15am Fit for Life 9am Knit & Crochet 9:30am Gentle Yoga 11am Holiday Luncheon 1pm Chair Yoga
11 9:30am Fit for Life 11am Caregiver Support Group 1pm Chair Yoga 2pm Art Connections	12 8:45am Walking^ 9:30am Zumba Gold 10:30am Holiday Adoption Pick Up 1pm Tai Chi 2:30pm Book Club	13 8:45am Walking + 10:15am Christmas on the Farm 5:30pm Dinner with Santa	14 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	15 8:15am Fit for Life 9am Knit & Crochet 9:30am Gentle Yoga 10:30am Meditation 1pm Chair Yoga
18 9:30am Fit for Life 1pm Chair Yoga 2pm Art Connections	19 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi	20 8:45am Walking + 2pm Bridges to Memory	21 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	22 Township Closed
25 Township Closed	26 8:45am Walking ^ 9:30am Zumba Gold 1pm Tai Chi	27 8:45am Walking + 10:30am Diabetes Support Group	28 8:45am Walking ^ 10am Zoom Bingo 1pm In-Person Bingo	29 8:15am Fit for Life 9am Knit & Crochet 9:30am Gentle Yoga 1pm Chair Yoga

TOWNSHIP SERVICES

COMMUNITY HEALTH NURSE

Community Health Nurse Janet Stachula offers a variety of educational, wellness, and low-cost services to Township residents. Low-cost services require appointments. Cash only. They include:

A1C Testing | \$12

Bone Density Screening | FREE

Memory Loss Screening | FREE

Blood Pressure Screening | FREE

Cholesterol Screening | \$10

Contact Nurse Janet at 847-285-4551 with any questions or to schedule an appointment.

DIABETES SUPPORT GROUP

2nd and 4th Wednesday | 10:30am | FREE

If you or someone you care for is managing diabetes, this support group is for you. Join others in sharing your story, giving encouragement, and sharing resources and recipes. Registration requested.



ALL ABOUT HEALTH

1st Wednesday | 10am | FREE

Join Nurse Janet the first Wednesday of each month as she discusses an interesting health topic. No registration required.

November 1: What is cortisol and what role does it play in our bodies?

December 6: Handling Holiday Stress

TOWNSHIP SERVICES

TRANSPORTATION

In a cooperative effort with PACE, Schaumburg Township has joined Elk Grove, Hanover, Palatine and Wheeling Townships in providing the Township Riders Initiative Program (TRIP) to its residents. The TRIP program allows eligible residents to receive transportation service from PACE within the boundaries of Barrington, Elk Grove, Hanover, Maine, Schaumburg, Palatine and Wheeling Township for medical purposes only.

One-way cost is \$5 per township line crossed during a single trip with a maximum of \$10 per one-way. Registration is required before rides can be scheduled.

For more information or to register, contact the Transportation Department at 847-882-1929.

Stores	Day(s)	Area Served
Walmart & Target	Mondays & Fridays	Whole Township
Jewel, Mariano's & Aldi	Tuesday, Wednesday, Thursday & Friday	Based on resident's location in the Township
Valli	Tuesday	Whole Township
Tony's	Fridays	Whole Township



FOOD PANTRY DONATIONS

The food pantry is in need of the following donations:

- Coffee - ground, instant and pods
- Boxed cereal
- Boxed pasta
- Spam
- Canned beans - any other than black
- Dry beans
- Hamburger Helper

Donations can be dropped off Monday-Friday 8:30am-5pm at the Food Pantry. After 5pm Monday-Thursday, non-perishable donations can be left with the security guard at the main entrance. DO NOT leave donations outside the north entrance as they attract animals.

SOCIAL SERVICES



MEDICARE OPEN ENROLLMENT

The Annual Medicare Open Enrollment Period is open until December 7. Medicare beneficiaries can decide to review and make changes to their current Medicare prescription drug plans (Part D) and Medicare Advantage plans (Part C) for next year. This is the opportunity for beneficiaries to make sure they have the best plan for their situation.

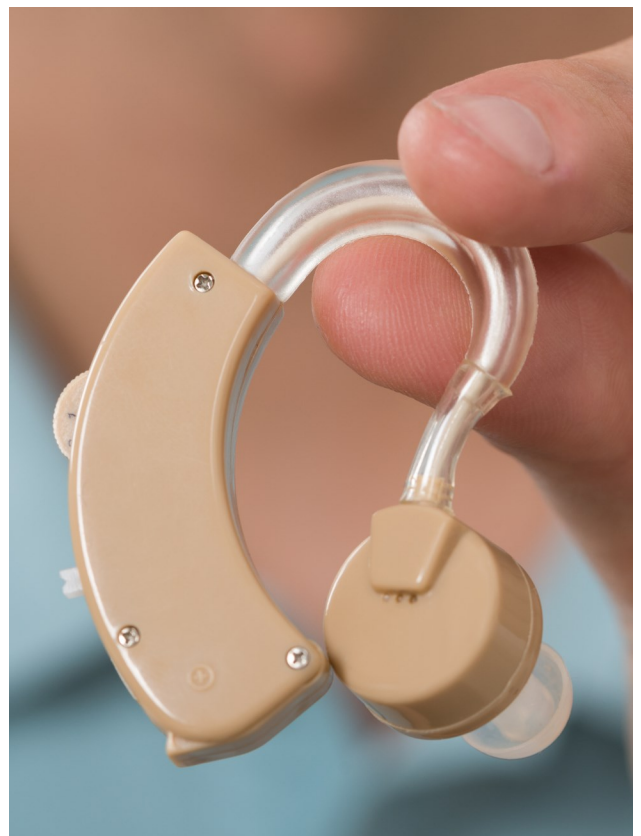
Disability & Senior Services Staff are certified Senior Health Insurance Program (SHIP) counselors who can provide unbiased Medicare counseling and assist with enrollment. Please call 847-285-4541 to schedule an appointment. Limited evening appointments are available.

AMERICANS FOR BETTER HEARING

Americans for Better Hearing Foundation (ABHF) is a nonprofit hearing healthcare organization and the largest provider of comprehensive hearing services to the Medicare/Medicaid and underinsured/uninsured population in IL. ABHF's Audiologists provide services such as hearing tests, hearing aids, hearing aid fittings and repairs and wax removal. ABHF offers a Fair Pricing Program for those who do not have insurance to cover hearing aid costs.

ABHF is at the Township the first Wednesday of each month and sees patients by appointment, with a physician's medical referral.

Contact Disability & Senior Services 847-285-4541 for ABHF's client intake forms to begin the pre-appointment process with ABHF.



SOCIAL SERVICES

AFFORDABLE CONNECTIVITY PROGRAM

The Affordable Connectivity Program (ACP) is an FCC benefit program that helps ensure households can afford the broadband they need. The ACP benefit provides a discount of up to \$30 per month toward internet service for eligible households. Only one monthly service discount per household is allowed. Providers participating in this program may vary.

A household is eligible for ACP if a household member is enrolled in a government program like Medicaid, SNAP, SSI, Veterans Pension or Survivors Benefits, receiving Federal Housing Assistance, or the household combined income is at or below 200% of the Federal Poverty Guidelines. See below for income guidelines.

If the household is already receiving Lifeline benefit, a separate FCC program, they automatically qualify for ACP, and can receive both benefits at the same time. Lifeline has a lower income criteria and a separate application is needed for Lifeline.

An email address and documentation showing proof of eligibility is needed to apply for ACP. Once approved for ACP, the internet provider must be contacted to have the benefit added. Contact Disability & Senior Services for more information on ACP or to schedule an appointment to apply by calling 847-285-4541. Learn more about the ACP at www.affordableconnectivity.gov.

Household Size	Combined Gross Income
1	\$29,160
2	\$39,440
3	\$49,720
4	\$60,000

LOW-INCOME SUBSIDY

Low-Income Subsidy, also known as Extra Help, is a program to help Medicare beneficiaries with limited income and resources pay Part D premiums, deductibles, coinsurance and other costs. To qualify for Extra Help, your income must be limited to \$21,870 for an individual or \$29,580 for a married couple. Also, your assets must be limited to \$16,660 for an individual or \$33,240 for a married couple. Disability & Senior Services staff can assist with the applications for Extra Help. Please call 847-285-4541 for more information or to schedule an appointment.

DISABILITY SERVICES NEWS

TEMPORARY DISABILITY PARKING

Disability & Senior Services is a distribution center for temporary disability parking placards. A temporary placard is valid for three months at a time, up to a maximum of six months. An application signed by a doctor must be provided. No appointment is needed. Contact Disability & Senior Services at 847-285-4541 with any questions.



ILLINOIS TELECOMMUNICATIONS ACCESS CORPORATION (ITAC)

Are you hard of hearing and have a difficult time hearing on the telephone? Disability & Senior Services is a selection center for the ITAC Program that provides free amplified phones to individuals who are hard of hearing. No income or age restrictions. Call 847-285-4541 for more information or to schedule an appointment.



AGENCY SPOTLIGHT: CENTER FOR ENRICHED

The mission of Center for Enriched Living is to enrich the lives of individuals with developmental disabilities by maximizing their opportunities for personal success, fun and friendship, employment and community involvement. Center for Enriched Living has programs for all—from teens to Seniors. Visit centerforenrichedliving.org for information on programs and services, volunteer opportunities and careers in our area. Schaumburg Township is a proud supporter of the services Center for Enriched Living provides to township residents.



Township of Schaumburg
1 Illinois Boulevard
Hoffman Estates, IL 60169
Phone: 847-285-4541
www.schaumburgtownship.org
Facebook: @SchaumburgTownship
Instagram: @SchaumburgTownship
Facebook: @SchaumburgTownship
@TOSDeafServices

PRSR STD
U.S. POSTAGE PAID
PERMIT NO. 154
SCHAUMBURG, IL



SENIOR HOLIDAY LUNCHEON



Friday, December 8 | 11am | \$35
Registration Window: November 6–December 1
Chandler's Banquets | 401 N. Roselle Road

Celebrate the holidays with our annual holiday lunch at Chandler's Banquets on December 8. Doors open at 11am. The party will include a delicious family style lunch, raffle prizes, and fun entertainment by Keith and Fridays. Register in-person or by calling 847-285-4541. Payment due at registration.

TOWNSHIP ELECTED OFFICIALS



SUPERVISOR
Timothy M.
Heneghan



TRUSTEE
Robert N. Fiorio



TRUSTEE
Demetrius J.
Gibson



TRUSTEE
Lauren Saternus



TRUSTEE
Matthew J.
Steward



CLERK
W. Robert
Vinnedge



ASSESSOR
John R. Lawson, CIAO



HIGHWAY
COMMISSIONER
Scott M. Kegarise