

FEBRUARY 2024



THE *TOWN CRIER*

SCHAUMBURG TOWNSHIP PROVIDES FREE NARCAN



The Township installed a free Narcan dispenser, in partnership with Kenneth Young Center, to increase access to the overdose-reversing drug. The dispenser is located in the main lobby of the Township building in a private hallway next to the gym. It's available Monday - Thursday from 8:30 am - 9 pm and Friday 8:30 am - 5 pm. The hope is that providing Narcan, also known as Naloxone, at no cost and anonymously will encourage all people, whether they personally use substances or not, to carry the life saving drug. There are no side effects if it is used on somebody who does not have opioid drugs in their system. For harm reduction resources, visit kennethyoung.org/reserouces/harm-reduction.

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www.schaumburgtownship.org

HOW TO CURB SUGAR CRAVINGS

Do you wonder why you crave ice cream or chocolate after dinner? You've probably noticed that hunger is not a prerequisite for sweet cravings. Food cravings can occur even when we're feeling full.

Enjoying sweets in moderation is perfectly normal, but if cravings are hindering your efforts to eat a healthy diet, you should try eating smaller, less frequent portions of your favorite sweets. Don't swap out real sugar with sugar substitutes. Some sugar substitutes are far sweeter than sugar, which won't help address the cravings. Try to get an adequate amount of sleep. Studies have shown that the more exhausted people feel, the more they desire high-calorie foods.

The American Heart Association recommends men have no more than 9 teaspoons or 36 grams of sugar a day and women no more than 6 teaspoons or 25 grams of sugar a day. To stay within the recommended range, check nutrition labels and minimize your consumption of ultra-processed foods.

Contact Nurse Janet at 847-285-4551 for more information on sugar control. She is available at the Township Tuesday, Wednesday and Thursday from 8:30 am - 4 pm.

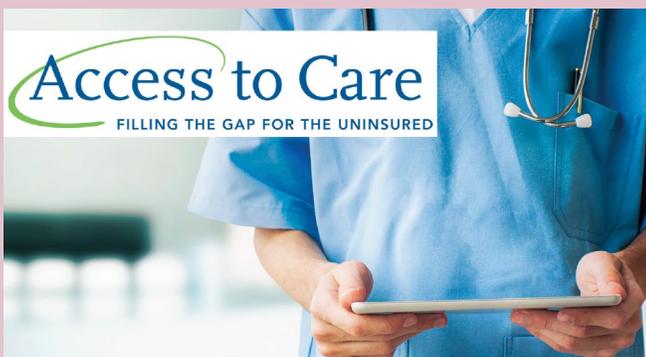
Source: [washingtonpost.com/wellness/2023/10/23/how-to-stop-sugar-cravings/](https://www.washingtonpost.com/wellness/2023/10/23/how-to-stop-sugar-cravings/).



ACCESS TO CARE

Access to Care is a non-profit primary healthcare program offering low-cost healthcare services to low-income, uninsured or underinsured individuals residing in suburban Cook County. The program is available to individuals who are ineligible for public health programs such as Medicaid and Medicare, including those who do not meet the immigration status requirement of being a legal immigrant for 5 or more years. Benefits include primary care physician visits, labs, x-rays, prescription medications and more.

Eligible individuals can apply online at accesstocare.org or by calling Welfare Services at 847-285-4503 to schedule an appointment with a caseworker.



FOOD PANTRY DONATIONS NEEDED



The Township Food Pantry seeks donations year-round to keep our shelves stocked. While we accept all types of donations, boxed cereal, spam and condiments are the most needed items from February - April. Donations can be dropped off or delivered to the Township Monday-Friday from 8:30 am - 5 pm. Scan the QR code above to order through our Amazon wish list.

If you have any questions or would like to organize a food drive, please contact Marianne at mrogenski@schtwn.org or 847-285-4630.



By Trustee Fiorio

The second phase of our construction plan is well underway, including the addition of a second floor over the gym—a significant change that reflects our dedication to providing enhanced and accessible facilities for our residents. Programming will continue to be offered at the Township, and we've partnered with St. Peter Lutheran Church and School and the YMCA to help host some of our larger events. To stay up to date with programming changes and renovations, we encourage you to subscribe to our print and electronic newsletters. Connect with us on Facebook and Instagram for real-time updates and a sneak peek at construction progress.

The Township held a budget hearing in January to discuss year-end projections and our financial status. We also invite residents to attend our Annual Town Meeting on April 9 at 7 pm to gain insight into department accomplishments and discuss budget-related topics. We value your ongoing support as we strive to better serve our community.

SCHAUMBURG TOWNSHIP TRANSPORTATION SERVICES

The Township Transportation Department offers door-to-door transportation services to qualifying seniors (55+) and people who are permanently disabled (18+) to a variety of places throughout the township. All riders must be registered and provide verification of age and residency. Registration forms can be found on our website at schaumburgtownship.org/services/transportation or in the Transportation Department.

Service is typically provided within the boundaries of Schaumburg Township, or 7 miles beyond township boundaries for medical purposes only. Medical appointments can be scheduled 5 to 30 days in advance and personal appointments up to 10 days in advance. Reservations are first come, first served.

Contact the Transportation Department at 847-882-1929 Monday - Friday from 9 - 4 pm for more information.



NATIVE PLANT SALE

The Schaumburg Community Garden Club will welcome online pre-orders only for their annual Native Plant Sale this spring. Starting March 1, schaumburggardenclub.org will show native wildflowers, grasses, perennials, trees and shrubs available for purchase. The pre-order deadline is April 19. Pre-orders can be picked up on May 18 - 19 at Spring Valley Nature Center. Information regarding pick-up location and time will be shared at the time of your online order. Native plants have so much to give – all we have to do is plant!

MOBILE DENTAL CLINIC



The Northwest Community Healthcare Mobile Dental Clinic (MDC) aims to provide a dental home for community members who do not have access to care due to financial barriers. The MDC provides complete dental care for the entire family. Children under the age of 18 are free. There are eligibility requirements and fees:

- Resident of the Township of Schaumburg
- Income at or below 200% of the federal poverty level
- Cannot have private dental insurance

The clinic does not accept walk-ins; potential patients must first be screened by a caseworker in Welfare Services. To enroll in this program, call 847-285-4503.

AARP TAX-AIDE

Each year, the Township partners with the AARP Foundation to provide FREE income tax assistance. AARP Tax-Aide helps low- to moderate-income taxpayers file their state and federal returns at no cost. Appointments will be available from early February - mid April and will be scheduled on a first-come, first-served, first-available basis for taxpayers who have all their documents ready. Our Tax-Aide Appointment Call Line (847-285-4597) will be open Monday - Friday from 9 - 4 pm beginning January 24. Due to the large number of calls for this popular program, all appointments must be made through this call line and no wait list will be created. For up-to-date information, visit schaumburgtownship.org to subscribe to the Senior eNewsletter.

DISABILITY & SENIOR SERVICES UPCOMING EVENTS

Mackinac Island

June 17-21 | Check in: 7:45am | \$840

Registration deadline: April 10

Join us as we travel north to Mackinac Island for a 5 day/4-night trip with Diamond Tours! We will visit the Mackinaw Crossing and take a guided tour of Mackinaw City, a carriage tour of Mackinac Island and a boat ride through the Soo Locks. A daily itinerary is available in Disability & Senior Services. The price includes tours, lodging, 8 meals (4 breakfasts and 4 dinners) and tax and does not include lunches and gratuity for the bus driver and tour guides. The price is per person for double occupancy. A \$75 deposit is due at registration via cash, check or card and the final payment is due April 10. Payment can be split into 3 payments of \$225 with the first installment due February 1, second installment due March 1 and final installment due April 1.



CLERK'S CORNER : W. ROBERT VINNEDGE**VETERANS HONOR ROLL RECIPIENTS**

SGT Richard J. Bondi
USMC 1969 - 1975

PFC Bernie Bluestein
U.S. Army 1943 - 1945

The Township honored Bernie Bluestein, a World War II Veteran, at our annual Veterans Honor Roll Dinner. Bernie was part of the Ghost Army, a tactical deception unit that served in Europe to help save the lives of thousands of U.S. Troops. The Ghost Army was recently recognized by President Biden and there are only 5 remaining members of the group.

**FREE NOTARY SERVICE**

The Township offers a free notary service Monday - Friday from 8:30 am - 5 pm. Service is walk-in only. If you have any questions, contact the Clerk's Office at 847-285-4561 or visit schaumburgtownship.org for a list of documents that staff can notarize.

VOLUNTEER OPPORTUNITIES AT KENNETH YOUNG CENTER

Kenneth Young Center (KYC) is looking for volunteers of all ages to help our communities thrive! From delivering meals to homebound seniors, to leadership opportunities for youth, sharing your time and talents with KYC is a heartwarming opportunity to give back during the cold winter months.

KYC is currently seeking adults to deliver nutritious, hot meals to seniors once a week over the noon hour to ensure proper nutrition, social contact and wellness checks for older adults who are not able to prepare meals on their own. Your service empowers community members to live as independently as possible while they remain safely in their own homes. Individuals and corporate groups can make a big impact by adopting a route! Several administrative roles are also available to support research and computer entry projects. This is a great way for students to complete service hours and some projects can be completed from home.

If one of these opportunities sounds like the right fit for you, contact KYC's Volunteer Manager at volunteer@kennethyoung.org or call 847-524-8800 ext. 182. Additional volunteer opportunities can be found at kennethyoung.org/volunteer. Learn how you can make a difference today!




**Kenneth
Young
Center**

FROM THE DESK OF THE HIGHWAY COMMISSIONER: SCOTT M. KEGARISE

Tax bills recently arrived and as usual they are one year in arrears. They do not reflect the reduction in the Road District levy, which will show next year. The Township Road District encompasses 0.3% of your tax bill – last year mine was \$22. Being a municipal resident of Schaumburg means half of my Road District tax is returned to the public works of the village in which I reside. The same is true for the other municipalities within the township. The remainder of the levy is spent plowing and salting and maintaining unincorporated roadways. In addition to maintaining signage, we also strip and renew surfaces on a scheduled basis. Everything that we do is becoming more expensive. Equipment, supplies and labor are much like our grocery bills, which seem to be ever increasing. With prudent exercise of fiscal management, we can make our taxpayer funds stretch ever further. If you have any questions for the Road District, please contact us at 847-884-1727.



A MESSAGE FROM THE ASSESSOR: JOHN R. LAWSON, M.S., C.I.A.O.



SENIOR CITIZEN REAL ESTATE TAX DEFERRAL PROGRAM

The Senior Citizen Real Estate Tax Deferral program is a tax relief program that works like a loan. It allows qualified seniors to defer a maximum of \$7,500 per tax year (including 1st and 2nd installments) on their primary home. The loan from the State of Illinois is paid when the property is sold, or upon the death of the participant. Applications are accepted by the Cook County Treasurer's Office and must be received (not postmarked) by March 1, 2024. State law forbids extensions.

COOK COUNTY FIRST INSTALLMENT PROPERTY TAXES

First installment property tax bills are due March 1, 2024. Cook County residents can preview, download and pay their bill now at cookcountytreasurer.com. Taxpayers must have their property identification number (pin #). Options to pay your first installment bill:

- Online at cookcountytreasurer.com, with checking or savings account
- At 400 Chase Bank locations in Illinois
- By mail, in enclosed return envelope postmarked by March 1
- Mortgage escrow (Taxpayers should confirm payment with their mortgage-paying firm.)

COOK COUNTY BOARD OF REVIEW APPEAL RESULTS

Residents who appealed with the Cook County Board of Review during the filing period of October 5 - November 3, 2023, will receive their appeal results by mid-February. For any successful appeals, deductions and property exemptions will be applied on 2nd installment property tax bills.



TOWNSHIP CALENDAR



Please visit the township’s website at www.schaumburgtownship.org for the most up-to-date event information.

| RECURRING EVENTS | |
|------------------------------|--|
| 1 ST Tuesday | MENTAL HEALTH BOARD 7 pm |
| 1 ST Wednesday | ALL ABOUT HEALTH** 10 am DE&I COMMITTEE 7 pm |
| 2 ND Monday | CAREGIVER SUPPORT GROUP* 11 am |
| 2 ND Tuesday | NORTHWEST SUBURBAN PREGNANCY/ INFANT LOSS SUPPORT GROUP*** 7 pm SENIOR WILLS* Appointment Only DISABILITY & SENIOR SERVICES COMMITTEE 7 pm |

| RECURRING EVENTS | |
|--|---|
| 2 ND & 4 TH Wednesday | DIABETES SUPPORT GROUP** 10:30 am |
| 3 RD Wednesday | DEAF SOCIAL/SUPPORT GROUP **** 10 am BRIDGES TO MEMORY** 2 pm COMMITTEE OF THE WHOLE 7 pm Cancellation possible if no agenda items. |
| 4 TH Tuesday | FIBROMYALGIA SUPPORT GROUP 7 pm |
| 4 TH Wednesday | BOARD OF TRUSTEES MEETING 7 pm |

* RSVP required at 847-285-4541

** RSVP required at 847-285-4551

*** Email jkottmeier@nch.org for details.

**** RSVP required at 224-520-9763 (VP)



Please note: If you attend a Township function your image may be used for promotional purposes.

TOWNSHIP CONTACT INFORMATION

One Illinois Blvd, Hoffman Estates, IL 60169 | Mon-Fri 8:30-5PM

| | |
|------------------------------|--------------|
| Main Number | 847-884-0030 |
| Assessor’s Office | 847-285-4567 |
| Clerk’s Office | 847-285-4561 |
| Disability & Senior Services | 847-285-4541 |
| Welfare Services | 847-285-4503 |

| | |
|-----------------------------|--------------|
| Community Nurse: | 847-285-4551 |
| Deaf Services - Videophone: | 224-520-9763 |
| Food Pantry: | 847-285-4503 |
| Highway Department: | 847-884-1727 |
| Kenneth Young Center: | 847-884-6212 |
| Passport Services: | 847-285-4561 |
| Transportation Dispatch: | 847-882-1929 |



The Town Crier, a report to the citizens of Schaumburg Township, is published by Township of Schaumburg
One Illinois Boulevard
Hoffman Estates, IL 60169-3314
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www.schaumburgtownship.org

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Schaumburg Township is in compliance with Section 504 of the Rehabilitation Act.

Equal Opportunity Employer Male/Female/ Handicapped/Veterans. Schaumburg Township meets all ADA accessibility requirements.

The Township of Schaumburg serves residents living in parts of the following communities: Elk Grove, Hanover Park, Hoffman Estates, Rolling Meadows, Roselle, Schaumburg, Streamwood and unincorporated Schaumburg Township.

TOWNSHIP ELECTED OFFICIALS



SUPERVISOR
Timothy M.
Heneghan



TRUSTEE
Robert N. Fiorio



TRUSTEE
Demetrius J.
Gibson



TRUSTEE
Lauren Saternus



TRUSTEE
Matthew J. Steward



CLERK
W. Robert
Vinnedge



ASSESSOR
John R.
Lawson, CIAO



HIGHWAY
COMMISSIONER
Scott M. Kegarise

A MESSAGE FROM SUPERVISOR TIM HENEGHAN

I'd like to thank everyone who attended our ribbon cutting ceremony and open house in December to celebrate the completion of our newly renovated lobby. The focus for improving this space began with safety, ensuring that ADA requirements were met with the entrance ramp and bathrooms. The next consideration was an inclusive space for residents to be comfortable waiting for services. This includes ample seating, monitors to help guide residents where they need to go and a new front-facing security desk. The funding for this and our future efforts in Township improvements comes from years of dedicated financial responsibility and management. This first phase was wholly funded from our reserve funds. All these changes allow our residents to find the assistance they need more quickly and comfortably. With more projects to come, including a second floor over the gym, additional offices and pantry storage space on the lower level, we will continue to honor our residents and responsibly source funding for these projects.



L to R: Hanover Township Supervisor McGuire, Trustee Gibson, Mayor Dailly, Supervisor Heneghan, State Senator Murphy, Trustee Saternus, Senator Castro, Mayor Craig and State Representative Crespo celebrate the Township ribbon cutting.