

One-Year Plan

Schaumburg Township Mental Health Board

WHEREAS, the Schaumburg Township Mental Health Board has been established by referendum under Illinois Community Mental Health Act (405 ILCS 20/0.1 et seq.), to aid individuals in the enhancement, maintenance, and/or restoration of their mental health within the context of their environment. As the local mental health authority for Schaumburg Township, the Board shall have the power to construct, repair, operate, maintain, and regulate community mental health facilities and/or to contract with any private or public entity which provides mental health services for Township residents, including services for persons with a developmental disability or substance use disorder.

WHEREAS, the Schaumburg Township Mental Health Board is required by the Community Mental Health Act to submit to the Township Supervisor and Board a one- and three-year plan for a program of community mental health services and facilities for persons with a mental illness, a developmental disability, or a substance use disorder;

THEREFORE, the Schaumburg Township Mental Health Board does hereby adopt the following One-Year Plan consistent with its Mission Statement, Vision and Values to guide the development of the mental health plan for Schaumburg Township:

Goal 1. Obtain a Complete Professional Needs Assessment

- Incorporate the findings into the Mental Health Board's long-term plan
- Avoid duplication of services

Goal 2. Utilize the Public Health Model to Maximize Efficiency

- Determine the array and nature of services available
- Identify levels and types of services not available in the township

Goal 3. Increase Access to Services

- Communicate initial grant awards to agencies before March 1, 2024
- Publish a capital/emergency grant application to the Mental Health Board's webpage
- Prioritize agencies accepting Medicaid or offering free services
- Prioritize agencies that offer multilingual and multicultural services
- Fund and/or advocate for increased transportation services for:
 - Individuals with I/DD, including for educational and vocational needs
 - Individuals attending mental health and/or substance use disorder treatment
- Advocate for increased programming and therapy services at the township
- Actively fill gaps in service through targeted funding opportunities

Goal 4. Increase Collaboration among Organizations both public and private

- Host roundtable and networking events among providers
- Build a working relationship with Schaumburg Township staff and board

Goal 5. Enhance Public Awareness, Education, and Stigma Reduction

- Host public-facing events to educate the public and increase awareness of available services
- Support networks of families and caregivers
- Promote mental wellness and resiliency and enhance protective factors in the community

Goal 6. Increase Visibility of the Mental Health Board

- Develop a communications plan to educate the public about the purpose of the Mental Health Board
- Develop marketing materials and attend public events
- Enhance social media presence
- Develop a regular newsletter(s)
- Build out and maintain Mental Health Board website
- Seek opportunities to engage with local, state, and federal agencies to increase access and coordination with regards to the needs of township residents

