

Three-Year Plan

Schaumburg Township Mental Health Board

WHEREAS, the Schaumburg Township Mental Health Board has been established by referendum under Illinois Community Mental Health Act (405 ILCS 20/0.1 et seq.), to aid individuals in the enhancement, maintenance, and/or restoration of their mental health within the context of their environment. As the local mental health authority for Schaumburg Township, the Board shall have the power to construct, repair, operate, maintain, and regulate community mental health facilities and/or to contract with any private or public entity which provides mental health services for Township residents, including services for persons with a developmental disability or substance use disorder.

WHEREAS, the Schaumburg Township Mental Health Board is required by the Community Mental Health Act to submit to the Township Supervisor and Board a one- and three-year plan for a program of community mental health services and facilities for persons with a mental illness, a developmental disability, or a substance use disorder;

THEREFORE, the Schaumburg Township Mental Health Board does hereby adopt the following Mission Statement, Vision, Values and Three-Year Plan to guide the development of the mental health plan for Schaumburg Township:

Mission:

To promote affordable access to treatment, prevention and services related to mental health, developmental disabilities and substance use disorders for all Schaumburg Township residents through leadership, education, and funding.

Vision:

To witness Schaumburg Township residents with mental health concerns, developmental disabilities, and substance used disorders experience significant improvement in the quality of their lives.

Values:

- **Accountability:** Be responsible to, and a reflection of, the residents we serve.
- **Good Stewardship:** To ensure grants awarded have maximum impact.
- **Inclusion:** So that age, race, ethnicity, language, gender, orientation, stigma, or finances are not barriers to accessing mental health care in Schaumburg Township.

Goal 1. Engage in an Ongoing Needs Assessment Process

- Maintain long-term strategic plans that match needs assessment findings.

Goal 2. Utilize the Public Health Model to Maximize Efficiency

- Determine the array and nature of services available.
- Identify levels and types of services not available in the township.
- Support preventative, protective services, and initiatives

Goal 3. Increase Access to Services

- Support organizations that provide services for mental health, developmental disabilities, and substance use disorders to Schaumburg Township residents
- Prioritize agencies accepting Medicaid or offering free services
- Monitor and respond to any specific needs related to cultural and linguistic barriers
- Ensure residents have reliable transportation to treatment, educational, and vocational opportunities

Goal 4. Increase Collaboration among Organizations both public and private

- Host roundtable and networking events among providers
- Encourage multi-agency grant applications
- Build collaborative efforts with Schaumburg Township staff and board
- Encourage businesses in Schaumburg Township to embrace our residents with developmental disabilities and offer them employment

Goal 5. Enhance Awareness, Education, and Stigma Reduction

- Maintain a communications plan to educate the public about the purpose of the Mental Health Board
- Host public-facing events to educate the public and increase awareness of available services
- Support networks of families and caregivers
- Promote mental wellness and resiliency and enhance protective factors in the community

Goal 6. Increase Visibility of the Mental Health Board

- Maintain marketing, social media activity and regular newsletter(s)
- Build out and maintain a Mental Health Board website
- Engage with local, state, and federal agencies to increase access and coordination with regards to the needs of township residents